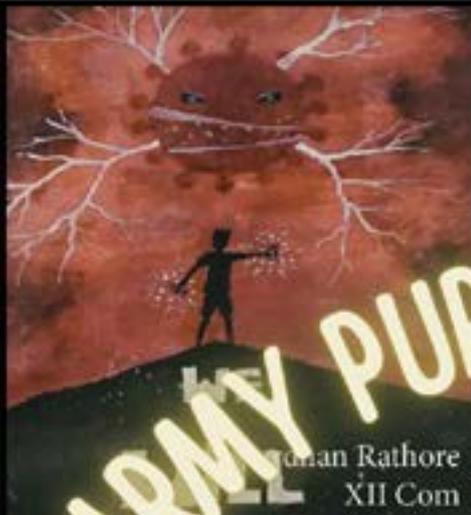
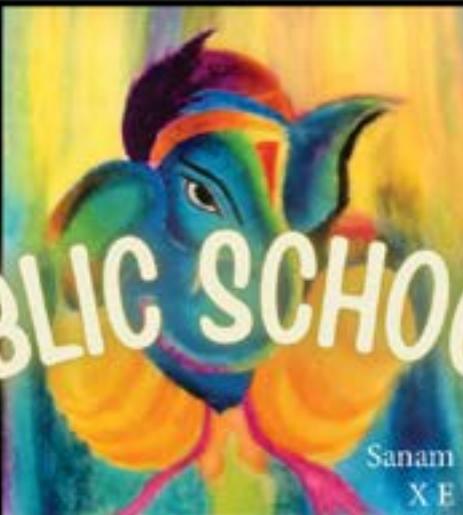


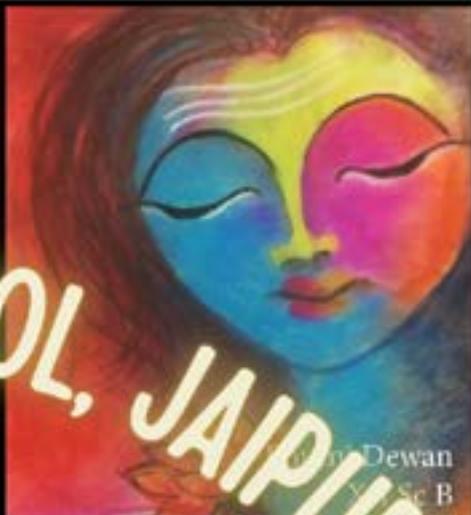
# ARMY PUBLIC SCHOOL, JAIPUR



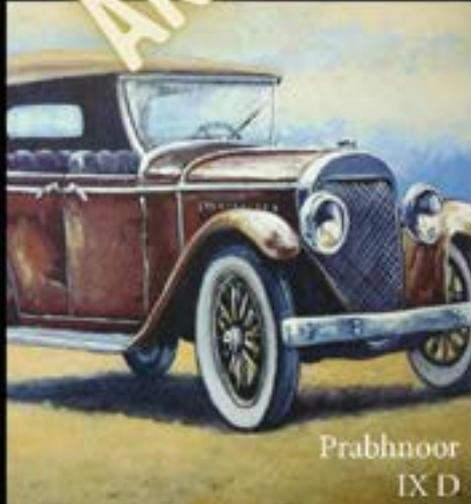
Manan Rathore  
XII Com



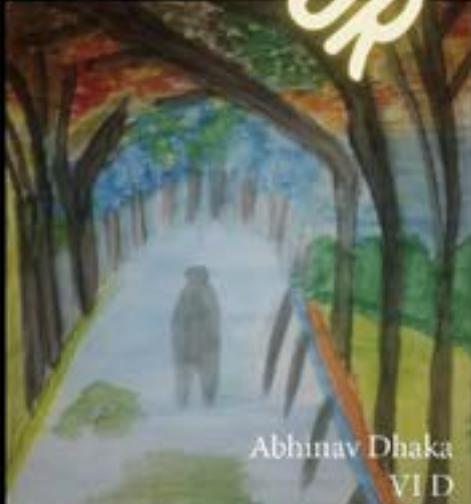
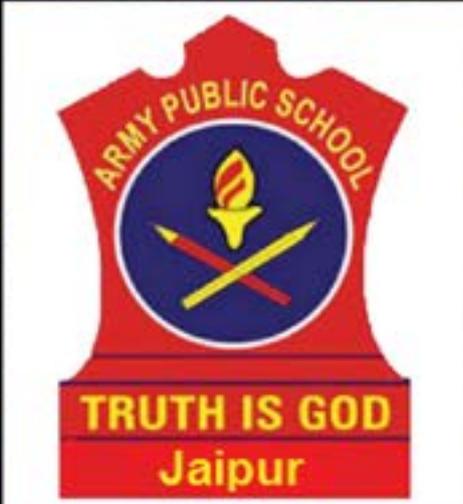
Sanam  
X E



Manish Dewan  
X Sc B



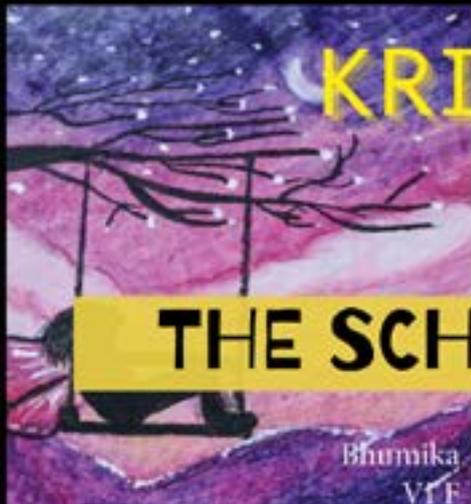
Prabhnoor  
IX D



Abhinav Dhaka  
VI D

## KRITI 2019-2020 2020-2021

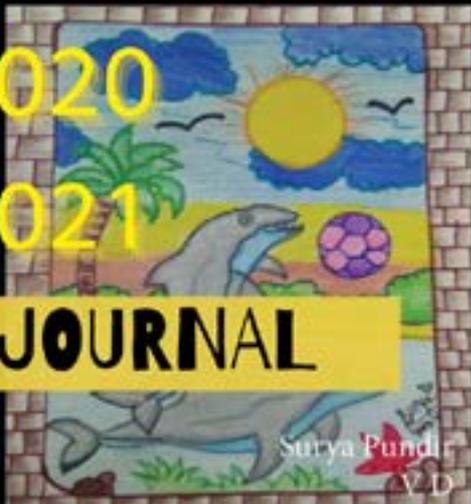
### THE SCHOOL ANNUAL JOURNAL



Bhumika  
VI F



Kumari Khushi  
VII A



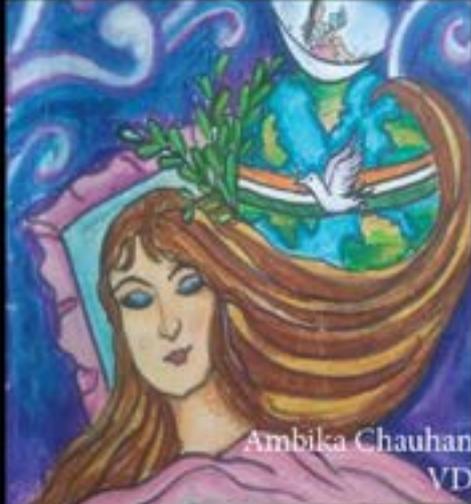
Surya Pundir  
VI D



Harsh Raj  
X B



Aryan Singh Shekhawat  
XII Com



Ambika Chauhan  
VI D

# OUR STARS BEING FELICITATED BY THE THEN PRESIDENT AWWA



**Miss Nikita Kanwar**

National Level Taekwondo Player  
2019-2020



**Master Shubham Singh**

National Level Debater  
2019-2020



**Master Sumit Poonia**

National Level Table Tennis Player  
2019-2020

# Welcome!

*"The fragrance of flowers spreads only in the direction of the wind but the goodness and greatness of a person spreads in all directions."*



**Mrs Ravneet Bhinder**  
Regional President AWWA,  
South Western Command



**Lt Gen AS Bhinder, AVSM, VSM**  
GOC-in-C, South Western Command

Army Public School, Jaipur extends a warm welcome to  
Lt Gen AS Bhinder, AVSM, VSM, GOC-in-C, South  
Western Command and Mrs Ravneet Bhinder, Regional  
President AWWA, South Western Command.

**Maj Gen AK Sharma  
MG EME**

मुख्यालय  
दक्षिण पश्चिमी कमान  
मार्फत 56 ए पी ओ

**Headquarters  
South Western Command  
C/o 56 APO**



### **MESSAGE FROM THE PATRON**

'Kriti' is an illustrative journey of children and teachers of Army Public School, Jaipur that provides an insight into their endeavours towards blossoming into exemplary future of this great Nation.

I wish to compliment the School for ensuring delivery of quality education to our children with minimum disruption during the extremely challenging year that has gone by. It was quite promising to see how quickly our teaching faculty, staff and students adapted to the new normal by embracing technological solutions. It reflects the commitment and the inherent strength of the School.

Army Public School, Jaipur has strived hard and undertaken proactive steps to create an environment of holistic learning with an aim of creating world citizens of tomorrow.

I convey my warm greetings to the Principal, faculty, staff and students and wish 'Kriti' all the very best.

Jai Hind !

**(AK Sharma)  
Maj Gen  
Patron**

**Brig Shailendra Malik**  
**Brig EME**

मुख्यालय  
दक्षिण पश्चिमी कमान  
मार्फत 56 ए पी ओ



**Headquarters**  
**South Western Command**  
**C/o 56 APO**

### **MESSAGE FROM THE CHAIRMAN**

1. I feel privileged to be tenanted the appointment of Chairman, APS Jaipur since Sep 2020. The school is going through a metamorphosis to become a Centre of Excellence and a leader in the field of education amongst the various Army Public Schools in the country.
2. APS Jaipur wishes to be known by achievements of its students and faculty. The school management is committed to provide wings to the students by facilitating positive development of their character, attitude towards learning and self-confidence. Simultaneously, the teaching faculty strives to ensure that students look forward to coming to school every day with a sense of joy and not as a monotonous routine.
3. We are working on strengthening the three pillars of the school viz academics, infrastructure and administration using latest technology and with well established SOPs.
4. Due to COVID-19, the current magazine covers the period from 2019-2021. Being conscious of our social obligation towards the environment, the school is coming out with E-magazine. I extend my heartiest felicitations to the Principal, faculty and students of APS, Jaipur on bringing out the latest issue of School Journal "Kriti".

Jai Hind !

  
**(Shailendra Malik)**  
**Brigadier**  
**Brigadier EME**



**Mrs Gayatri Kulshreshtha**  
**Principal**

*Army Public School, Jaipur*  
**Military Station, Jaipur—302012**  
*(A Senior Secondary C.B.S.E Affiliated School)*



We are a well-established School with an energetic and caring faculty and staff providing rigorous academic, sports and extra-curricular education to students in preparing them for successful careers in a competitive world. Our belief, 'Every moment is a moment of creation and each one contains infinite possibilities,' enables us to understand individual differences of the students. Thus, emphasis is laid on bringing abstract concepts to concrete understanding with the use of appropriate instructional strategy. This generates love for learning and enables students to think creatively and contribute in the teaching learning process.

With the above two tools in our arsenal, we have succeeded in achieving our aim of churning out excellent future citizens of our Country. It is evident in our continued successes and achievements in various spheres. During the session 2019-20, we are champions of all South Western Command Inter APS Sports Competitions viz. South Western Command Inter APS Basketball Championship, South Western Command Inter APS Table Tennis Championship and South Western Command Inter APS Badminton Championship. In English Debate, we have won not only SWC Inter APS Championship but also we were at number three position at National Level.

We are very sure that with this kind of education, our students will write many success stories in their careers. We wish them a very bright and promising future. I would like to place on record that it has been a very fulfilling and satisfying experience to be a part of very dedicated and enthusiastic educators.

I, on behalf of the faculty and the staff, extend my heartfelt gratitude to the School Management Committee spearheaded by our Patron, Maj Gen AK Sharma and our Chairman, Brig Shailendra Malik for their unstinted support and guidance. I also take this opportunity to felicitate the Editorial Board for their dedicated and tireless efforts in bringing out this issue of 'Kriti'.

Jai Hind!

**Mrs Gayatri Kulshreshtha**  
**Principal**



# Editorial

Education helps society to achieve its objectives, gather its strengths, organise its resources and prepare it for the real challenges of the future by shaping its future generation in the right mould. For this, education has come out of its old mould of mere acquisition of knowledge. Now, it is more than syllabus oriented learning and is all inclusive.

It must touch the hearts and souls of individuals and thus lay the foundation of good moral values and character. At the same time, education must ensure that students become confident and committed in whatever task they undertake because it is the student of today who is going to be the backbone of society.

In this perspective, we, the members of the Editorial Board, have endeavoured to bring to its readers 'Kriti 2020-21' in which the creative and hidden talents of students have been given a big platform through a bouquet of articles, poems, facts, jokes, photographs, drawings etc. It thoroughly complements other facets of education being provided by the School.

I, on my behalf, and on behalf of the Editorial Board would like to thank the Principal, Mrs Gayatri Kulshreshtha, staff and students who have supported and contributed in bringing out this issue of the School Journal.

Happy Reading!

Jai Hind!

**Satvinder Kaur Brar**

# Editorial Board

**SOARING HIGH IS OUR NATURE**



**SITTING (L to R):** Mr Veer Vinay, Ms Babita Bhatt, Mrs Swati Sharma, Mr Kamal Kumar (Vice Principal), Mrs Gayatri Kulshrestha (Principal), Miss Satvinder Kaur Brar, Mrs Shilpi Chatterjee, Mrs Deepa Singh, Mr Rakesh Mahawar

**STANDING (L to R):** Master Shadab Ahmed, Miss Damini Sirohi, Miss Navya Tanwar, Master Ayush Agarwal, Master Aman Choudhary, Miss Mamta, Miss Mokshika, Miss Karishma Dodain, Miss Shruti Tyagi, Master Arnab Kumar.

## **EDITOR- IN- CHIEF**

**Miss Satvinder Kaur Brar**

### **Computer Section**

Mr Veer Vinay  
Master Shadab Ahmed  
Master Ayush Agarwal

### **Photography Section**

Ms Babita Bhatt  
Miss Karishma Dodain  
Miss Damini Sirohi

### **English Section**

Mrs Swati Sharma  
Mrs Shilpi Chatterjee  
Miss Shruti Tyagi  
Miss Mokshika  
Master Aman Choudhary  
Master Arnab Kumar

### **Hindi Section**

Mrs Deepa Singh  
Miss Mamta  
Miss Navya Tanwar

### **Sanskrit Section**

Mr Rakesh Mahawar  
Miss Karishma

# PILLARS OF STRENGTH

## (SENIOR WING)

SOARING HIGH IS OUR NATURE



**SITTING (L to R):** Mrs Sarita Meel, Mr KC Yadav, Mr Gopesh Jagrawat, Miss Satvinder Kaur Brar, Mr Ravi Sharma, Mr Kamal Kumar (Vice Principal), Mrs Gayatri Kulshreshtha (Principal), Mr Shiv Om Tyagi, Mrs Seema Agarwal, Mr US Chaudhary, Mr CL Choudhary, Mr US Shekhawat, Ms Geeta Sharma.

**ROW I (L to R):** Mrs Hemlata Rana, Miss Alkesh Rathore, Mrs Sonia Sharma, Mrs Sital Sharma, Miss Neha Kumari, Mrs Rajni Sharma, Mrs Rajni Choudhary, Mrs Vaishali Beniwal, Mrs Poonam Sharma, Miss Kiran Jakhar, Mrs Swati Sharma, Mrs Bindu Chahar, Mrs Neelu Verma, Mrs Teena Jangid, Miss Rashmi Soman, Miss Purna Gupta, Mrs Soniya Yadav, Mrs Poonam Bajpai, Mrs Pooja Choudhary, Miss Shreya Agrawal, Miss Liji Krishnan, Mrs Pooja Parmar, Mrs Kavita Yadav, Mrs Vandana Yadav.

**ROW II (L to R):** Mrs Richa Joshi, Miss Meenakshi Chauhan, Miss Yamini Singh, Mrs Anju Soni, Ms Babita Bhatt, Mrs Deepali Jain, Mrs Anita Sharma, Mrs Mamta Patria, Mrs Rekha Gupta, Mrs Sayari Chaubey, Mrs Usha Shekhawat, Mrs Deepa Singh, Mrs Manju Kumari, Mrs Kritika Sharma, Mrs Vijaya Sharma, Mrs Anuja Bhardwaj, Miss Anisha Arora, Mrs Nitesh, Dr Bhumika Agrawal, Ms Pallavi Dixit.

**ROW III (L to R):** Mrs Kamini Gupta, Mrs Aparna Purohit, Mrs Manisha Soni, Mr Pramod Kumar, Mr Rahul Singh, Mr Suresh Chand Sharma, Mrs Khushbu Singh, Mrs Archoo Rawat, Mrs Geeta Saraswat, Mr Keshav Sharma, Mr Rakesh Mahawar, Mr Pushpender Bhardwaj, Mr Rakesh Gupta.

**ROW IV (L to R):** Mr Surya Pratap Singh, Mr Ravinder Meel, Mr Veer Vinay Singh, Mr Dilip Pawar, Mr Venkatesh Choudhary, Mr Rekesh Shekhawat, Mr Atul Pratap Singh, Mr Dilip Jha, Mr Parveen Sharma.

# PILLARS OF STRENGTH

## (PRIMARY WING)

SOARING HIGH IS OUR NATURE



**SITTING (L to R):** Mrs Reena Rohilla, Mrs Hema Goswami, Mrs Archana Singh, Mrs SS Roy, Mrs Neetu Yadav(Head Mistress Primary Wing), Mrs Gayatri Kulshreshtha(Principal), Mr Kamal Kumar Dabral(Vice Principal), Mrs Renu Rawat, Mrs Usha Yadav, Mrs Anita Davera, Mrs Anju Kanwar

**ROW I (L to R):** Mrs Kamlesh Dudi, Mrs Riddhi Pareek, Miss Shobha Thakur, Mrs Krishna Bhatia, Mrs Kavita Shekhawat, Mrs Sumita S Kumar, Mrs Nimisha Gupta, Mrs Pinky Kumari, Mrs Promila Yadav, Mrs Sunita Sharma, Mrs Priya Salvi, Mrs Suchita P Goswami, Mrs Poonam Kanwar, Mrs Manjusha Tyagi, Mrs Vishakha Sharma, Mrs Nitika Shukla, Mrs Shilpi Chatterjee, Mrs Meena Chouhan, Mrs Priyanka Choudhary.

**ROW II (L to R):** Mr Chirag Roshan, Mrs Priya Sharma, Mrs Priyanka Rathi, Mrs Pratibha Kanwar, Mrs Shagun Rajawat, Mrs Smriti Mathur, Mrs Rimple Kanwar, Mrs Jyoti Shekhawat, Mrs Monika Agarwal, Miss Pooja Singh, Miss Barkha Sharma, Miss Jyoti Jodha, Miss Sumita Kumari, Mrs Swati Mishra, Mrs Manisha B Ahluwalia, Mr Sanjay Sharma.

# ADMINISTRATIVE AND GROUP D STAFF

**SOARING HIGH IS OUR NATURE**



**SITTING (L to R):** Mrs Savita Yadav, Mr Vijay Kumar, Mr Naresh Kumar, Mr Kamal Kumar(Vice Principal), Mrs Gayatri Kulshreshtha(Principal), Miss Shrishti Tandon(Adm Officer), Mr Pooran Singh, Mr Surendra Kumar, Ms Deepali Roy Sarkar.

**ROW I (L to R):** Mr Om Pal, Mr Ramswaroop, Mrs Urmila Devi, Mrs Neel Kamal, Mrs Sunita, Miss Sanchayee Parashar, Mrs Meenu Kanwar, Miss Pooja Kanwar, Mr Richpal, Mr Mahaveer, Mr Jagdish Prasad Bhati.

**ROW II (L to R):** Mr Surender, Mr Pookar Mal, Mr Bhimwa Ram, Mr Shashi bhushan Singh, Mr Sunil Fageria, Mr Hariom, Mr Vikram Singh Rathod, Mr Ramveer Singh, Mr Ghanshyam Singh.

# Staff News

## Principal



Mrs Gayatri Kulshreshtha  
Principal

*“ A leader is one who knows the way,  
goes the way and shows the way. ”*

This is a matter of heartfelt delight that **Mrs Gayatri Kulshreshtha**, who is an epitome of dynamism, empowerment, benevolence and assiduity, has taken over as the new Principal of Army Public School, Jaipur.

APS, Jaipur family welcomes her and assures to partake in her cherished vision of climbing the pinnacle of excellence in thought, words and actions .

# ROLL OF HONOUR



**MRS GAYATRI KULSHRESHTHA**  
PRINCIPAL

APSJ family congratulates its dynamic leader, **MRS GAYATRI KULSHRESHTHA**, PRINCIPAL for having been awarded twice by Mrs Anu Kler, the then Regional President AWWA, South Western Command. Mrs Gayatri Kulshreshtha being at the helm of affairs, started the online classes which involved humongous amount of technical and strategic planning.



**MRS SEEMA AGARWAL**



**MR SURYA PRATAP SINGH**



**MS GEETA SHARMA**

We, the members of APSJ family congratulate **Mrs Seema Agarwal, PGT (Comp Sc), Mr Surya Pratap Singh, TGT (Art & Craft) and Ms Geeta Sharma, TGT (Science)** for having been awarded 'GOC-in-C Commendation Card' by Lt Gen Alok Kler, PVSM, VSM, the then GOC-in-C, South Western Command and Patron, Board of Administration, Army Public Schools South Western Command.



**MRS PALLAVI DIXIT**



**MR RAVINDER MEEL**



**MRS SHILPI CHATTERJEE**



**MR SHASHI BHUSHAN SINGH**

We again get a chance to congratulate **Mrs Pallavi Dixit (Counsellor), Mr Ravinder Meel, TGT (Computer), Mrs Shilpi Chatterjee, PRT and Mr Shashi Bhushan Singh, Sc Lab Assistant** for having been awarded by Mrs Anu Kler, the then President, Regional AWWA, South Western Command.

# CBSE BOARD SCHOOL TOPPERS (2018-19)

**A  
R  
T  
S**



**MISS TANISHA  
VASHISTH**  
92.2%



**MISS NIHITA RATHORE**  
91.6%



**MISS SAVITA  
SHENHAWAR**  
91.6%



**MISS ASHITA**  
90.2%

**S  
C  
I  
E  
N  
C  
E**

**MATHS**



**MASTER VINAY**  
95.6%



**MASTER ROHIT**  
94.2%



**MASTER SHIV SINGH**  
94%

**S  
C  
I  
E  
N  
C  
E**

**BIO**



**MISS PRITI**  
95.8%



**MISS PRIYA KANWAR**  
94.2%



**MISS KAVITA**  
92.8%

**C  
O  
M  
M  
E  
R  
C  
E**



**MISS SNEHA TYAGI**  
95.2%



**MASTER PRIYANSH  
VASHISHTHA** 90.2%



**MISS ANNU KUMARI**  
89.6%

## CBSE BOARD SCHOOL TOPPERS (2018-19) CLASS - X



**MASTER ANKUR  
MAJUMDAR**  
94.8%



**MISS ARANKSHA**  
90.2%



**MASTER AMIT KUMAR**  
95.8%



**MISS SUMAN CHOUDHARY**  
95.8%



**MASTER YASHDEEP**  
95.8%

# CBSE BOARD SCHOOL TOPPERS (2019-20) CLASS—XII

## SCIENCE MATHS



MASTER PRATHVI  
RAJ  
96%



MASTER ABHISHEK  
SINGH  
94.2 %



MASTER BIR  
ANGAD SINGH  
94.2%



MASTER AKSHAT  
CHATURVEDI  
94%



MISS VIBHA  
SHEKHAWAT  
94%

## SCIENCE BIO



MASTER NIKHEL  
TRIPATHI 96 %



MISS PRINCY RATHORE  
95.6 %



MISS SANJANA NAIK  
94.8 %

## COMMERCE



MASTER AMARJOY SINGH  
96.2%



MISS SONAM  
92.6 %



MASTER HITESH RAMELA  
93.6 %

## ARTS



MASTER AMAN CHOUDHARY  
97 %



MISS TANYA CHOUDHARY  
96.6 %



MISS KARISHMA DODAIN  
95.8 %

# CBSE BOARD SCHOOL TOPPERS (2019-20) CLASS—X



MISS DISHA  
98%



MISS KAVITA  
97.8%



MISS NEHA RATHORE  
97.2%

# OUR ALUMNI OUR PRIDE



**MISS NEHA SHEKHAWAT**  
GOVT MEDICAL OFFICER, PALI



**Lt. ARZOO BAWA**  
OTA



**MASTER NAVDEEP SANGWAN**  
TES



**MASTER AKASH KASWAN**  
NDA



**MASTER BIR ANGAD SINGH**  
NDA



**MASTER GAURAV DANGI**  
IIT GUWAHATI



**MASTER NIKHIL TRIPATHY**  
MBBS GOV. INSTITUTE OF MED. SCIENCES  
G. Noida



**MASTER HARISH BAJIYA**  
AIT PUNE



**MASTER MAYANK KUMAR**  
AIT PUNE



**MASTER LAXMAN**  
AIT PUNE



**MASTER ROHIT**  
AIT PUNE



**MASTER TANMAY SHARMA**  
AIT PUNE



**MASTER SHIV SINGH**  
AIT PUNE



**MASTER GAURAV KUMAR**  
AIT PUNE



**MASTER SRIDAYAL YADAV**  
AIT PUNE



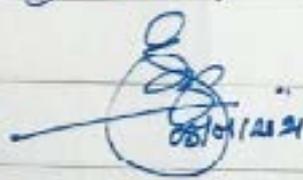
**MISS KARISHMA DODAIN**  
NLU MUMBAI

Master Atul Azad Sharma, Master Abhimanyu Singh Rathore, Master Ankit Yadav, Master Praveen Siyag, Master Kulvinder Singh Shekhawat, Master Shakti Singh Siggarr, Master Kuldeep Singh Rajawat and Miss Neha Shekhawat of 2011-12 Batch have been commissioned in Defence Forces.

## OUR DIGNITARIES SAY

DATE	NAME AND ADDRESS	REMARKS
19 Dec	<p>Lt Gen Atok Singh Kler South Western Army</p> <p>My compliments to the principal and staff as well as the HP Staff in place with the management of the school.</p> <p>The School has remained efficient as well as a front runner during Covid for a major role to mitigate the impact on education.</p> <p style="text-align: center;">'Foro Dier'</p>	<p style="text-align: right;">Atok Singh Kler</p>

Dec 2020	<p>LT Gen K K Reprolal COS, HB, SMC.</p>	<p>Excellent work done by the School management in improving the school infrastructure. Large number of good initiatives by the school are very encouraging and will be of tremendous help to the students. The new school school is an excellent step towards this.</p> <p style="text-align: center;">Very Best Wishes.</p> <p style="text-align: right;">Reprolal 19/12</p>
----------	--	--

DATE	NAME AND ADDRESS	REMARKS
05 Jan 21	<p>Chief Gen Ajay Sharma VPO 48</p>	<p>Looking forward to work with an excellent team of educators to shape up future generations!</p> <p style="text-align: right;">  05/01/21         </p>

## OUR DIGNITARIES SAY

DATE	NAME AND ADDRESS	REMARKS
29 Jan 2020	Lt Gen K K Ropshel COS, HR SVC.	Familiarisation visit to the school. Academic results are good but school need to focus on the improvement of infrastructure. Best wishes  <i>Ropshel</i>

14 Sep 2020	Prinj Shailendra Matha, VSM Army cant, HQ SVC	1. First visit on taking over as Chairman A.P.C. Jaipur. A matter of honour for me to. I am very happy to see the commitment and sincerity of Principals and teaching staff especially during COVID pandemic times. I wish them - "Be Good & Good Luck!" "LOBBING MEN IS OUR NATURE" Let's put our motto into action.  <i>Prinj</i>
-------------	--	---

02 Dec 2020	Maj Gen Vasanthesh Anja MG-16-Adm, SWC	Indeed a great pleasure to visit the school. The school has come up beautifully. Well done!  Good Luck & Good Speed.  <i>V Anja</i>
-------------	---	---

MGENR. HR SVC & Patron A.P.C Jaipur	in all fields of Infrastructure, academics appointment of teaching faculty to make up quality staff, excellent on-line class facility etc There are large number of initiatives undertaken in form of new school web site, student engagement system, class room furniture improvement etc Wishy prishd South cong year in my good luck. keep up the good work. Congratulate to examine principal, examine & all faculty. Best wishes
--	--

## WHAT PARENTS SAY



Nelson Mandela said, "Education is the most powerful weapon that can be used to change the world". In this context, the academic excellence and outstanding student-teacher relationship achieved by APS, Jaipur despite the challenges due to Covid are worth mentioning. The school has been swift to adapt to e-learning methodology which ensured least turbulence in the academic curriculum. I wish the school reaches greater heights.

*Arvind Walia*  
Maj Gen Arvind Walia  
(f/o Anuvind Walia  
Class XI A Science)



I feel honoured that my son Bir Angad Singh did his XII from the prestigious, APS Jaipur.

The teachers here are very sincere, hard working and go out of the way to groom their students. Their proactive approach and guidance, helps the students to improve their performance. The bonding between the teachers and students of this school is really praiseworthy. The congenial atmosphere provided in the school helps the students to grow and step out in the new world as "Confident Individuals".

*Pradeep Singh*  
(Pradeep Singh)  
Sp Capt (Retd)



The Principal goes beyond the call of duty to help students even in their personal problems which makes school a part of our family. There were moments when there was no body to help my son as he was alone at home. The Principal played the role of guardian to my son. I don't have words to express my gratitude for her divine behaviour. I am assured my son is in safe hands.

*J.K. Mandal*  
Hav J.K. MANDAL  
Flo Gaurav Kumar  
XII ScB

We Are Honoured To Have  
**Lt Gen Alok Kler, PVSM, VSM**, the then GOC-in-C, SWC and Patron  
BOA Army Public Schools SWC and  
**Mrs Anu Kler**, the then Regional President AWWA, SWC amongst us









COMMAND PRINCIPALS' MEET OF ARMY PUBLIC  
SCHOOLS IN SOUTH WESTERN COMMAND AT  
APS, JAIPUR





FELT BLESSED TO HAVE  
LT GEN KK REPSWAL, SM, VSM,  
THE THEN CHIEF OF STAFF, SOUTH WESTERN COMMAND  
AND CHAIRMAN, BOA ARMY PUBLIC SCHOOLS IN SOUTH  
WESTERN COMMAND AMONGST US





WE ARE BLESSED TO HAVE  
MAJ GEN AK SHARMA, MG EME,  
SOUTH WESTERN COMMAND & PATRON, ARMY PUBLIC  
SCHOOL JAIPUR AMONGST US









ADDRESS BY  
MAJ GEN AK SHARMA, MG EME,  
SOUTH WESTERN COMMAND,  
& PATRON, ARMY PUBLIC SCHOOL, JAIPUR



# *Journey from offline to online*

(A paradigm shift in Education System Due to Covid-19 Pandemic)



The COVID-19 pandemic which rages around the globe, leaving no space untouched, has left a severe impact in the field of education.

By the end of March 2020, the pandemic was everywhere, resulting in the closure of most of the schools, colleges and universities across the globe. Though there were many negative impacts of the COVID-19 outbreak in the realm of education, Army Public School, Jaipur, the institution, that believes in delivering education that yields excellent results went beyond the practices of traditional classroom teaching and created an environment where the students could continue learning despite the testing times, by making a swift transition to virtual learning through the platforms like Zoom and Microsoft Teams.



It was a smooth transition with a seamless integration of technology into the curriculum in no time.

The school started virtual classes from March 2020. Our stakeholders, the Gen Z learners, had no inhibition in mind to take up a new form of learning. Alongside, the school teachers who believe that there is no challenge that can limit them and that the sky is their limit, accepted the change graciously and switched their routine overnight.

# Journey from offline to online

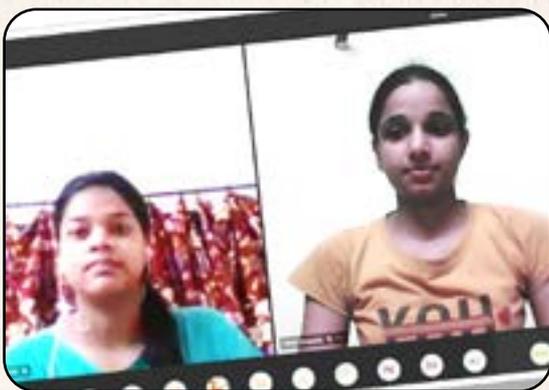


Time Tables for online classes were chalked out and teaching- learning content was planned and prepared for all subjects.

Teachers used the Whatsapp platform to send educational videos, power point presentations, worksheets, links to resources before and after the virtual classes to ensure follow up exercises were carried out without interruption. The online classes were conducted in accordance with the Time Bound Syllabus. After the successful completion of the syllabus, online exams were conducted smoothly and systematically as per the schedule.

With the aim to interact with parents and to reflect upon their children's performance and progress, the school management conducted online PTMs after every exam. Parents were extremely happy and appreciated the worthy Principal, **Mrs Gayatri Kulshreshtha** and the teachers for organizing PTMs virtually during the uncertain times of COVID-19 lockdown.

They were thankful for all the efforts made by the school in facilitating the virtual connect between the teachers and parents.



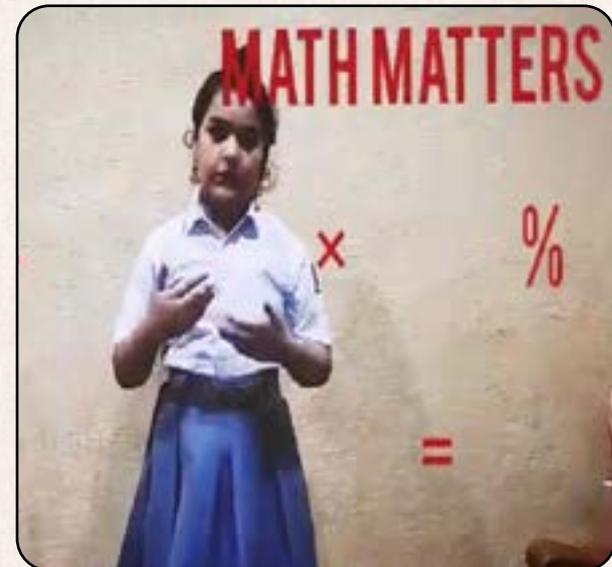
In order to provide career counselling and guidance to the students of secondary and senior secondary classes, various webinars were conducted in which the students participated whole heartedly.

The school Management, with the objective of enhancing teaching standards and professional skills of the teaching fraternity and to equip the teachers with latest methodologies, technology and reforms in the education sector, provided a wide platform to teachers to attend various webinars.

There is no exaggeration in saying that the virtual learning initiative would not have been successful without the enthusiasm of parents who extended their full support and ensured availability of tools and resources for their children to participate in the virtual classroom and transform this period of crisis into golden opportunity.



# ONLINE ACTIVITIES DURING COVID-19



## ACTIVITIES KALEIDOSCOPE 2020-2021

*"The wings of hope carry us, soaring high above the driving force of life".*

The core aim of education at APS, Jaipur is to foster all round development in every single student. In order to fulfil this, our prime objective is to strike a perfect balance between scholastic and co-scholastic activities.

We design certain co-scholastic activities that not only complement scholastic activities but also groom the students in the art of living and working together. It gives every student an opportunity to develop skills, exhibit their non academic abilities and foster their talents.

Co-curricular activities take care of the students' different developmental needs such as their sense of moral values and attitudes, skills and creativity. Through their participation in Co-curricular activities, students can learn to communicate, to cooperate with other people and in addition to enrich their life experience.

If students are given the opportunities to organize Co-curricular activities, they will gain first-hand experience of programme planning and leadership, thus enabling them to discover and develop their potential.

Session 2020-21 was very challenging and different in its own way. The COVID-19 pandemic remains the greatest challenge to the education systems which ceased face to face instruction for the students, requiring them to switch almost overnight, to online teaching and virtual education. Educational systems made special efforts to help the students and support their parents.

Management, Administration and Teachers played a vital role to overcome the obstacles and give a conducive environment to all the children and encouraged them not only academically but also motivated them to participate in various competitions organised throughout the session.

**'AWES Raising Day' was celebrated with full zest and zeal and a Poster Making Competition was organised on this occasion. Keeping fitness in mind 'International Yoga Day' was observed on 21 June 2020.**



## .... ACTIVITIES KALEIDOSCOPE 2020-2021

This day rejuvenated the learners to strike a balance in their life and strengthened them to remain fit. To incorporate the feeling of patriotism, 'Independence Day' was celebrated. 'Expression 2020'- Annual Inter School Competitions were organised by ARMY PUBLIC SCHOOL, Shankar Vihar on 31 Aug 2020. Students took part in many competitions like, The Alphables, Maths matters, Little Crooners, Elixir of life, Ganit Abhiyas, Maths Doodle-Doo, Daastan-e-Shahar, Stand up Comedy Show, Poster Making, Photo Montage, Pratibha Pradarshanam etc. All the participants got the participation certificates and Miss Swati Pandey and Miss Neha of Class X added feathers to the cap by securing second position in the 'Pandecommic Stand up Show' and 'Maths Doodle Doo' competitions respectively. 'Children's Day' was celebrated with great pomp and show. Keeping the on-going scenario in mind, teachers of APSJ presented a skit, based on online education.

To boost the morale of children many Intra-School Competitions were organised, such as Essay Writing, Poetry Writing, Poster Making etc. There are students who have a knack of oratory. They have in them the self confidence that they can face the spectators. Debates and Poetry recitation competitions were organised to offer them the chance to exhibit their talent. The tiny tots of APSJ also took part in various online activities such as Dance, Song, Thali Decoration, Clay Moulding, Card Making, Gift Wrapping etc.

The objective of conducting these activities was to enhance motor skills, concentration, hand and eye coordination and creativity of the students. The 'Communal Harmony Week' was also celebrated by organising certain activities, such as Poster Making Competition, Essay Writing Competition etc.

School also introduced 'Awakened Citizen Program' with the aim of empowering students in a real and tangible way & helping them develop as enlightened citizens enabling them to stand on their feet. 'International Letter Writing Competition' was organised by the department of Posts. Many counselling sessions were conducted to help the students and their parents in this difficult time. The teachers of APSJ participated in 'The India Toy Fair 2021' by sharing their videos on how to use Toy/ Activity/ Game as a tool for learning in the Classroom .



## .... ACTIVITIES KALEIDOSCOPE 2020-2021

CBSE had conducted many competitions in this session. On Republic Day, competitions based on Patriotism , Road Safety and Our Freedom Fighters were conducted and students participated in it excitedly and got the participation certificates. 'Toycathon 2021' was also organised by CBSE in which our students along with their mentors took part. Teachers and students wholeheartedly took part in 'Pariksha Pe Charcha'.

A very prestigious and proud moment was witnessed by APSJ when the New School Website was inaugurated by **Mrs Anu Kler**, the then Regional President AWWA, South West Command. This year has been fulfilling in terms of training and enriching students' experience of learning and enhancing extra curricular skills. Students also feel a sense of belonging to the school and have higher self-esteem by participating in structured activities.

**MRS SARITA MEEL**  
(ACTIVITY INCHARGE)





## ONLINE ACTIVITIES DURING COVID-19 ON MS TEAMS



## ACTIVITIES KALEIDOSCOPE 2019-2020 (SENIOR WING)

There can be no better place than Army Public School, Jaipur for someone who is willing to groom oneself in all facets of life along with academics. Extremely efficient Management, farsighted Administration and dedicated Faculty are the salient features which make APS Jaipur a hub of overall development and a delight to be part of. Thoughtfully blended and woven Academics and Extracurricular Activities crystallise the idea of well-rounded development of a student. Co-curricular activities are aimed at and designed to foster social and intellectual skills; moral, cultural and ethical values and personality development in students. They include sports, social occasions, classroom activities and creative arts.

Army Public School, Jaipur is committed to bring out the best in each student. It, therefore, incorporates varied yearlong activities in its co-curricular planner. The activities started with Interhouse Display Board Competition in the month of April wherein students depicted Surgical Strike on Social Issues. Students displayed their creativity and innovation in this portrayal.

We were fortunate to host the first ever edition of South Western Command Inter APS Talent Hunt 2019 where all APSs of the Command participated in various categories to showcase their talent; such as Group Dance, Solo Dance, Solo Singing, Group Singing and Special Talent. The month of July was full of activities. The first activity was Interhouse Hindi Extempore Competition for the students of classes VI-VIII. It is a competition which improves ability to think on the feet since the candidate is required to speak at the spur of the moment.

It gauges the candidate's ability to think, organize and speak there and then; so students participated in it enthusiastically. Human emotions came on paper in the form of vivid colours in Interhouse Poster Making Competition. Music is just as important as reading and writing at a young age to prevent language problems later in life.



## .... ACTIVITIES KALEIDOSCOPE 2019-2020 (SENIOR WING)

Singing improves blood circulation and an oxygenated blood stream allows more oxygen to reach the brain. This improves mental alertness, concentration and memory. Keeping this motive in mind, Interhouse Solo Singing Competition was organised. School witnessed the talent of budding singers in this competition. School is not about stuffing the minds with facts but to provide stimuli to oratory skills of a student aiming at all round development. So, Interhouse English Extempore Competition was organised followed by Interhouse Group Singing Competition.

It is no secret that physical activity is good for health. Improved cardiovascular health, controlled weight, balanced blood pressure, strong immune system are some benefits of games and also school is the appropriate place to search budding sports talent. To incorporate the aforesaid benefits, Interhouse Table Tennis Competition was organised for boys and girls.

Communication skills are indispensable part of one's all round personality development. Keeping this goal in mind, Interhouse Debate Competition was organised in the month of August. This competition helped students reap many benefits as debates improve critical thinking skill. Pupils acquire better poise, speech delivery and public speaking skills. It increases their caliber of retention of information learned. Above all, it makes one learn better ways to graciously state one's point with gentleness. Quizzes help students to learn, because these tasks involve retrieval practice or thinking back to information previously learned and bringing it to mind. Having this motive in mind, Interhouse Quiz Competition was held in the month of August.



## .... ACTIVITIES KALEIDOSCOPE 2019-2020 (SENIOR WING)

These activities provided ample opportunities to the poets to entice listeners with their talents. Research suggests that dance has direct impact in helping young children develop coordination and motor skills and provides an adventure for the mind. Keeping the same goal in mind, Interhouse Group Dance Competition was organised in the month of October.

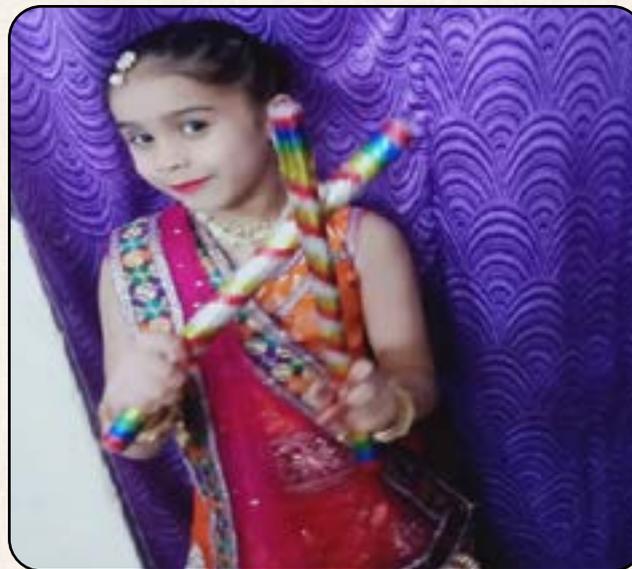
Festivity and fun mixed with spirituality is what Christmas is all about. To celebrate it, Interhouse Carol Singing Competition was organised in the month of December. All four Houses came up with melodious carol songs expressing their belief in the Almighty.

This year has been fulfilling in terms of training and enriching students' experience of learning and enhancing extracurricular skills. Yearlong activities kept students engaged creatively and helped them add extra dimensions.

**MRS HEMLATA RANA(ACTIVITY INCHARGE SENIOR WING)**  
**MISS RASHMI SOMAN(ACTIVITY INCHARGE SENIOR WING)**



# PATRIOTIC FERVOUR DURING COVID—19



## ACTIVITIES KALEIDOSCOPE 2019-2020 (PRIMARY WING)

The goal of education is the advancement of knowledge and dissemination of truth. Co-curricular activities are instrumental in drawing out the best potential of the child. These activities provide the students an opportunity to develop particular skills and exhibit their non-academic abilities. The year round activities started with forming clubs to involve each child of our School. Children opted for clubs like Art & Craft, Music, Dance, Sports, Computer, General Knowledge and Eco Club according to their interest and aptitude.

Sports do not build character, they reveal it. To enhance the motor skills of the students, our activities started with Interclass Badminton Competition for the Boys and Girls of class V. With ordinary talent and extra ordinary perseverance all things are attainable. A Talent Hunt was organised in the month of May to bring out the latent talent of the students in which the students performed exceedingly well.

They say “Poetry is the rhythmic creation of beauty in words”. Interhouse English and Hindi Recitation Competitions were held in the month of July to break the monotony of daily routine. In the same month, a gala event, Mother’s Day was celebrated to felicitate the bond between mother and child with full zeal and zest in which our budding students had mass participation in various performances like dance, drama and song etc.

Music is divine. Interhouse Group Song Competition along with Interhouse Display Board Competition was organised in the month of August to explore the musical talent of the students and to showcase their innovative ideas and imagination.



## .... ACTIVITIES KALEIDOSCOPE 2019-2020 (PRIMARY WING)

Grandparents are a delightful blend of laughter, caring deeds, wonderful stories and love. In the month of September, Grandparents' Day was celebrated to show respect and love towards them. In today's scenario, skit is a better way to imbibe values in the students. With this aim and to exhibit the dramatic skills, Interhouse Skit Competition was organised in the month of September.

In the month of October, many Interclass Competitions like Pot Decoration, Card Making, Lamp Making, Pen Holder Making were organised. Dussehra was celebrated with the enactment of Ramayana along with a peppy dance number. Dance is the hidden language of the soul and body. Activities of November commenced with Interhouse Solo-Dance Competition.

Communication skills are indispensable part of one's all round personality development. Keeping this goal in mind, an Interhouse Debate Competition along with Interhouse Basketball Competition was organized in the month of December. The School witnessed many a talent sprout in the Basketball Competition.

Competing at the highest level is not about winning, it is about preparation, courage and understanding and nurturing the students. The year round activities and competitions ended with the trophy for the Best House being lifted by Subhash Chandra Bose House.

**MRS NITIKA SHUKLA (ACTIVITY INCHARGE)**  
**MRS SHILPI CHATTERJEE (ACTIVITY INCHARGE)**



# ONLINE ACTIVITIES DURING COVID-19





**Mrs Gayatri Kulshreshtha**  
**Principal**

**Presenting epaulettes to the members of Student Council**





**Mrs Gayatri Kulshreshtha,**

**Principal**

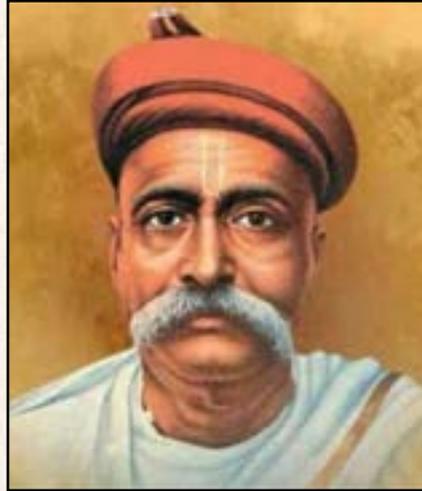
**Handing over the certificates given by Regional AWWA, SWC**



**Miss Karishma Dodaini**

# BAL GANGADHAR TILAK HOUSE (GREEN HOUSE)

*Our Motto : Put your best foot forward.*



Whatever difficulties we may face, we must never give up the quest for truth, which alone lies in God himself. The greatest glory is not in never falling, but in rising every time we fall. With this 'never give up' spirit and enthusiasm, our students brought laurels to the house in various categories.

The journey of our achievements started with the Inter-House Extempore Competition in which we stood first at Junior Level. With deep determination and sincere efforts, our students grabbed a number of glorious titles. The synergy of team work made our students secure second position in Inter-House Solo Song Competition, Inter-House Poster Making Competition, Inter-House English Extempore Competition, Inter-House Quiz Competition and Inter-House Dance Competition. A few more feathers were added to our cap when our students stood first in Inter-House Hindi Poem Recitation Competition and Inter-House Hindi Debate Competition where our students excelled in their musical and oratory skills respectively.

Our tiny tots also added fame and honour to the House with their splendid performance in various activities. House Incharge along with the members planned to work upon each competition. There was a wholehearted participation of the students. The glory of victory commenced with securing of first position in the Inter-House Display Board Competition. Our students kept their spirits high and secured second position in Inter-House Group Song Competition, Inter-House Hindi Skit Competition and Inter-House Solo Dance Competition.

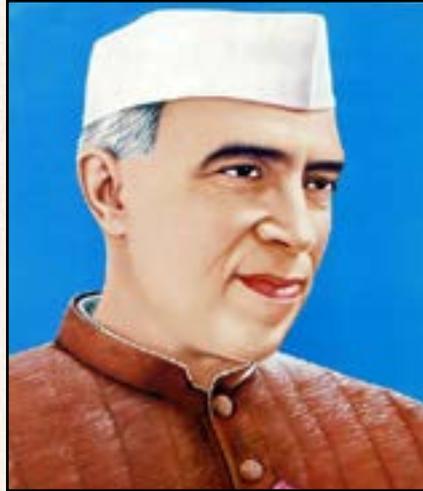
The session 2019-20 was full of energy, enthusiasm and fun. We motivate our students to be lively and keep showing their talent and skills to soar high. Successful and unsuccessful people don't vary greatly in their abilities, they vary in their desires to reach their potential.

**Mr Gopesh Jagrawat**  
(Incharge Senior Wing)

**Mrs Ridhi Pareek**  
(Incharge Primary Wing)

# JAWAHAR LAL NEHRU HOUSE (BLUE HOUSE)

*Our Motto : Chase the dreams and they come true*



'Failure will never overtake you if your determination to succeed is strong', giving real meaning to these words, our enthusiastic students of Blue House participated in all the events with great zeal throughout the year. Even though there were times when our success was not up to the mark, the spirit of competition was found to be truly alive till the end.

In Senior Wing, our students secured first position in Inter House Quiz and Poster Making Competitions. In Inter-House Hindi Debate Competition, we also got first position in classes VI-VIII category. Blue House stood second in Inter-House Hindi Recitation, Group Song and Solo Song Competitions. In the field of sports, our students presented a strong competition. In classes VI-VIII Boys category, our House secured first position in Inter-House Badminton Competition.

Participation is more important than results. And our tiny tots proved it. In Primary Wing, our students won first position in Inter-House Poster Making, Badminton and Group Song Competitions and second position in Inter-House English and Hindi Recitation and Table Mat Competitions. The members of Blue House will continue to work hard with zeal and zest. All their sterling achievements throughout the year keep them motivated and charged to work even harder in the times to come.

**Mr CL Choudhary**  
**(Incharge Senior Wing)**

**Mrs Sunita Sharma**  
**(Incharge Primary Wing)**

# SUBHASH CHANDRA BOSE HOUSE (RED HOUSE)

*Our Motto : The key to success is to focus on goals, not on obstacles.*



Red is the colour of our House which is associated with energy, strength, passion and determination. Following this theme of the House, the students of Subhash Chandra Bose House performed with great gusto and hard work throughout the year. This journey of victory began by bagging first position in 'Inter House Solo Singing Competition', 'Inter House Group Song Competition' and 'Inter House English Extempore Competition'.

The House aims at bringing out the talent of the students in all possible forms. To fulfill this purpose many competitions were held. Our House stood second in Inter House Debate Competition and Inter House Badminton Competition and bagged third position in Inter House Quiz Competition and Inter House Carol Competition.

The victorious journey continued with the strenuous efforts of Primary Wing too. Inter House Skit Competition was held where our students showed their extra ordinary dramatic skills and stood first. This success story did not stop here as the students of Primary Wing stood second and third in Inter House Poem Recitation Competition and Inter House Display Board Competition respectively. To enhance the creativity of tiny tots, 'Tablemat Making Competition' was held where Red House again secured first position.

'Everybody can dance; it's the drive and passion that make you a dancer'. This quote was truly followed by our little angels. They had performed their wonderful dance skill in Dance Competition and secured First Position.

Yearlong activities were able to bring out the best in each student and nurture their co-curricular aspect. I appreciate the efforts put forward by the teachers and students. I extend my sincere thanks to all the members of Subhash Chandra House for their kind and dedicated efforts.

**Mr. Ravi Sharma**  
**(Incharge Senior Wing)**

**Miss Barkha Sharma**  
**(Incharge Primary Wing)**

# MAHATMA GANDHI HOUSE (YELLOW HOUSE)

*Our Motto :Our greatest glory is not in never falling but in rising every time we fall*



'If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning', rightly penned by Mahatma Gandhi. The students of Yellow House truly followed this quote. The session began with a boost where the House bagged first position in Inter House Display Board Competition and the students of Primary Wing stood first in Inter House Hindi and English Poem Recitation Competitions.

Then the saga of victory prevailed when the House stood first in Inter House Table Tennis Tournament in all the categories. There were many activities like Inter House Poster Making Competition, Inter House Quiz Competition, Inter House Dance Competition, Inter House English Extempore Competition, Inter House Badminton Competition (girls category), where the students have exhibited their extra ordinary skills and grabbed the first position.

To add more to the success story, our tiny tots of Primary Wing achieved second position in Inter House Poster Making Competition, Inter House Badminton Competition and Inter House Debate Competition. Mahatma Gandhi House excelled in many spheres and students with the help of their house teachers put in their highest efforts to bring the Best House Trophy to the House.

We thank and appreciate the efforts of each and every member of the House. Their 'Never quitting attitude' made it possible to scale the zenith.

**Mr. U.S. Chaudhary**  
**(Incharge SeniorWing)**

**Mrs. Vishakha Sharma**  
**(Incharge PrimaryWing)**

# JOURNALISM CLUB



The Journalism Club of Army Public School, Jaipur consists of hard working, dedicated fledging reporters and enthusiastic photographers whose goal is to report the news concerning both the school and the wider community and to leave no activity uncovered. The club has diverse activities which are carried out by the members to help develop their journalistic skills like News Writing, News Reporting, Photography, Talk Show Hosting and Presentation, Text Editing and Graphics & Design.

Our students are truly devoted to this club and believe that by participating in this activity, they can practice responsibility, accountability and develop writing and publishing skills. The club captures the best moments of each academic and co-curricular activities and make them immortal through the medium of quarterly newsletter.

With the help of its journalism club, APS, Jaipur has achieved success in giving its students a platform where they can express their opinions about different and varied issues while simultaneously showcasing and sharpening their creativity. The club works with the objectives of promoting journalism ethics and professionalism amongst its members and encouraging and nurturing talent among the budding journalists. Watching the quality of the newsletters improved over the years and seeing the students excel in their particular areas of interest and expertise is a wonderful feeling for the teachers who mentor the young talents throughout the year.

All in all, journalism club provides a platform to the talented students to reach that level of camaraderie through which they can imbibe in them the values like accuracy, independence, impartiality, humanity and accountability by speaking and unveiling the truth.

**Mrs Sarita Meel**

# ART & CRAFT



Art education has a significant role in students' life. It allows students to learn about themselves, their culture and enjoy the pleasure of expressing their inner thoughts and feelings.

Drawing and Painting help learners to develop creativity and problem solving skills.

Art helps children to develop motor skills, language skills and social skills. Keeping this in mind, Army Public School, Jaipur provides ample opportunities to the students to bring out their hidden artistic potential.

Our Art and Craft Department encourages the students to use their creativity and express their ideas and vision through Painting, Sketching, Clay Work, Murals, Poster Making, Display Board, Rangoli Making, Card Making etc.



Throughout the session many workshops and competitions were held at APS Jaipur to enhance the creativity of our budding artists.

The commendable performance of the students is a clear sign of artistic sprout of students at Army Public School, Jaipur where each sapling is nurtured till it turns into a huge tree.



**Mr Surya Pratap Singh &  
Mrs Meena Chauhan**



# MUSIC & DANCE DEPARTMENT



Music is the best way of expression as it reflects our soul and emotions. This is the only way we can express core feelings of our heart to its fullest, without any bar or boundation. Music nourishes our soul in its purest form. Music really rejuvenates and revives our soul.

Like any other form of fine arts, music and dance are given the utmost attention and weightage to enhance the overall growth and development of the students at APS JAIPUR .

To achieve this goal of students' nourishment in the field of co-curricular activities, the very talented and motivated team of music and dance teachers work relentlessly .

As a result they do succeed in finding out the hidden talents in their respective fields and in shaping them in a manner that their dazzling sparks mesmerize the audience. This year observed many enthralling celebrations as Basant Panchami, Janmashtmi, Independence Day, Teacher's Day , Dussehra etc. where team work and zeal of teachers and students were exhibited very well.



Mother's Day celebrations manifested unconditional love and bond in between mother and child. Magnificent celebrations of Grand Parents Day was made memorable by the performance of our very talented Orchestra and our enthusiastic students.

This year was also marked by the Inter APS Talent Hunt Competition, held at Command level, where our students did extremely well, Our school won first prize in Group Dance Performance. Our students won Consolation prizes in Solo Dance, Solo Singing and Guitar Performance.



All in all , it has been a great year in terms of success achieved by the Music and Dance Department.

**Dr Bhumika Agarwal**  
**Mrs Monica Agarwal**



# NATIONAL CADET CORPS

**Parade is our paradise; we have fire in our eyes that rages in our hearts !!**

**Sacrifices are nothing to us  
When we serve our purpose;  
Those three words made us**



## “NATIONAL CADET CORPS”

National Cadet Corps ( NCC ) was constituted in India under the National Cadet Corps Act of 1948. It is a voluntary organization helping India in nation-building. With a view to give a boost to the youth in a positive direction, NCC was included in the course curriculum of APS, Jaipur in 2002. The NCC unit of our School is attached with 1 RAJ NCC Battalion. The unit consists of more than 100 Cadets.

In the Session 2019-2020, our cadets actively participated in various activities in the School as well as outside the School.

Cadets of APS, Jaipur attended Combined Annual Training Camp (CATC), organised by 1 RAJ NCC Battalion from 27 May to 5 June 2019 at Paramount Public School. During this camp, our cadets participated in various activities like Dance Competition, Tug of war and Shooting. Cadet Deeksha won a gold medal in shooting and Cadet Mahi was selected for Jaipur Rifle Shooting Team. Second CATC was held at Jagatpura in the month of August, 2019. In this camp, Cadet Simran with her stupendous performance won a gold medal as the Best Cadet of Junior Wing (JW) and Cadet Ayush won a gold medal and was declared the Best Cadet of Junior Division (JD). Cadet Mohan with his baritone voice won gold medal in Solo Singing Competition. Our JD and JW won gold medal in Drill Competition.

Integrated Group Camp was held at Appex Group of Institutions, Jagatpura. During this camp, Cadet Anshul won a gold medal for shooting and our JD led by Cadet Rohit won the gold medal in Drill Competition. Our NCC Cadets steadfastly serve the School in the hour of need and handle every task smoothly.

Want to experience what it feels like to be the best, be an NCC cadet. No one can beat you when you stand united. You experience that learning is easy and teaching is difficult and you learn that sharing is as important as caring. NCC gives you not only a rank but when you complete NCC, it also leaves a rank behind your name as EX NCC Cadet.

**Second Officer US Choudhary  
Associate NCC Officer**

# ECO CLUB

*“One of the first conditions of happiness is that the link between man and nature shall not be broken”. —Leo Tolstoy*

The function of Eco Club in any school is to create awareness among students for the sustainable development.

Holding this spirit high, we put in efforts to give our honest and religious contributions by organising Earth Day on 22 April every year. Students were reminded of their duty towards Mother Nature by fetching saplings to be planted in the school premises.

Consequently, students as well as teachers participated whole heartedly in the event. Constant endeavours are pursued for the maintenance of herbal garden and for the embellishment of school surroundings.

“Time spent among trees is never time wasted”. He that plants trees, loves others besides himself. Let us all take care of the Earth as “The Earth is what we all have in common”.

**Mrs Rajni Choudhary**



# SPORTS DEPARTMENT



**SPEED, STAMINA AND SKILL:** “Perseverance and tenacity are often the foundational traits of success. When these are combined with dedication and team work, the result is outstanding”, bringing these words to life and chasing the mantra to success, Push yourself again and again. Don’t give an inch until the final buzzer sounds”, our students gave a new meaning to sports.

This year our strong willed players put forth a spectacular performance and gave a clean sweep in all the events .We won all the three SWC championship trophies in a row.

## SHUTTLERS THRASH OPPONENTS AND WIN MEDALS

The shuttlers of APS, Jaipur brought laurels to the School by bringing hordes of medals and trophies back home in South Western Command Inter APS Badminton Championship held at APS,Bikaner from 06 Aug to 11 Aug 2019.

Miss Ridhima Thapa (U-18)and Miss Anshika Gautam (U-14) showed their immense talent throughout the tournament. Both of them clinched the **BEST PLAYERS AWARD** at the Command Level .



Our Girls U-18 Team and U-14 Team stood first . U-18 team was represented by Miss Ridhima Thapa, Miss Kajal Singh and Miss Purna Sharma

Girls U-14 Team was represented by Miss Anshika Gautam, Miss Ritika Kumari and Miss Riya Jhajharia. Our Boys U-18 Team got the third position and team members comprised of Master Sourabh Upadhyay and Master Garvit P Singh. Master Sandeep, Master Vishal, Master Pratham Yadav and Master Devender Singh also participated in the Boys U-14 category .

Their mentor Mrs Priyanka’s efforts were also appreciated. APS, Jaipur smoothly scooped the SWC Overall Championship Trophy.



# .....SPORTS

## SKILLED BASKETBALLERS BRING HOME MEDALS

The talented U-17 Boys Team, APS, Jaipur did it once again and clinched victory in the finals and emerged champions in the South Western Command Inter APS Basketball Championship which was played at APS, Hissar from 14 Sept to 18 Sept 2019.

The strong team played commendably in the face of stiff competition and tasted victory as they managed to oust all competition and win hands down in the finals . The team members included Master Ravinder Singh (Team Captain), Master Yuvraj S Nathawat , Master Abhinav Gautam, Master Saurabh, Master Rohit Kumar, Master Aman Hooda, Master Lokesh Kumar, Master Rohit Singh, Master Sameer Khan, Master Sahil Khan and Master Yuvraj S Shekhawat



**Master Daksh Pandey receiving SWC Table Tennis Best Player Trophy U-14 Boys Team**



**Master Sumit Poonia receiving SWC Table Tennis Best Player Trophy U-18 Boys Team**



## STUPENDOUS WIN IN TABLE TENNIS

**South Western Command Inter APS Table Tennis Championship** was held at APS, Ranchi from 12 Oct to 16 Oct 2019 .The outstanding, budding TT players of APS, Jaipur were felicitated with the overall Championship Trophy.

They clinched the crown and stood first in all the categories at the Command Level. Master Sumit Poonia, Miss Poonam Rathore and Master Daksh Pandey played exceptionally well and won accolades in the tournament.

They were also awarded with the 'Best Player Trophy'. U-18 Boys Team was represented by Master Sumit Poonia, Master Priyanshu Vashishtha and Master Ajeet Singh. U-18 Girls team was comprised of Miss Poonam Rathore ,Miss Rekha and Miss Prenita . U-14 Boys Team was represented by Master Daksh Pandey, Master Chaitanya and Master Yuvraj. U-14 Girls Team comprised of Miss Esha Choudhary and Miss Khushi Kanwar .

The coach Miss Alkesh K Rathore merited a round of congratulations from one and all for the superb success .



# .....SPORTS

Keeping up the tradition to display the same flamboyant spirit, this year also, our sports falconers exhibited their physical prowess and team spirit in 'PIE Olympics' held from 11 November -16 November,2019 at SMS Stadium, Jaipur. Exhibiting its exhilarating performance in 'PIE Olympics', our Girls Badminton Team became winner and brought glory to the School by grabbing 5 gold medals. The team members were: Miss Kazal Singh, Miss Anshika Gautam, Miss Ritika Kumari, Miss Nikita Kanwar and Miss Riya Jhajharia.

While playing 'Kho-Kho' and 'Kabaddi', our acrobatic players displaying their agility and adroitness reached the semi finals. The supple TT players were also successful in reaching 3rd round. It is truly said, strength does not come from physical capacity, it comes from an indomitable will, and it was the iron will of our athletes, that made them grab 17 Gold, 03 Silver and 03 Bronze Medals in 'PIE Olympics'.

The results were as follow:

In Boys Category, our splendid all-round athlete Master Ritik Kumar grabbed 4 gold medals in 200m race, 400m race, 4x100m relay race and 4x400m relay race.

Another shining star, Master Sameer Khan won 3 gold medals in long jump, 4x100m relay race and 4x400m relay race along with a silver and a bronze medal in high jump and 100m race respectively.

The high spirited Master Sachin won 3 gold medals in 100m race, 4x100m relay race and 4x400m relay race whereas the outstandingly tough Master Rudra got gold medal in 4x400 m relay race and the husky Master Arvind won gold medal in 4 x100m relay race.

While in Girls category, the indefatigable Miss Pooja got silver medal in Javelin- throw. Miss Ritika Chauhan, the vigorous athlete was awarded with silver and bronze medals in 800m race and long jump respectively.

The sturdy Reena also managed to grab bronze medal in high jump.

Sports activities help students to stay healthy and fit, contributing to over all wellbeing. Every year, CBSE organises sports events at Zonal and National level in various age groups for boys and girls.

This year, two of our students, Miss Nikita Kanwar and Master Priyanshu Vashishtha moved heaven and earth while playing Cluster Zonal by grabbing gold medals in Taekwondo and TT respectively and were selected for nationals.

Kudos! our robust taekwondo player Miss Nikita Kanwar, while playing nationals , credited the victory account of Army Public School, Jaipur with a bronze medal whereas the TT player Master Priyanshu Vashishtha was also successful in reaching the quarter finals.



# .....SPORTS

## LET THE RACQUET DO THE TALKING

This year also, our versatile badminton team made its opponents lick the dust in 'Gyan Vihar Shuttle Hustle Inter School Tournament' organised by Gyan Vihar School in the months of April & May 2019. The frisky badminton players of Army Public School, Jaipur, after giving tough competition to their opponents turned out to be victorious. Miss Anshika Gautam, Miss Ritika Kumari and Miss Riya Jhaharia got first position in (U-14 Girls) whereas Miss Kazal Singh, Miss Anshika Gautam and Miss Nikita got first position in (U-17 Girls).

In (U-17 Boys) Master Sourabh Upadhyay, Master Garvit Pratap Singh and Master Sandeep Rawat stood second. While playing 'Mix Double', Master Vishal and Miss Anshika Gautam in (U-14) and Master Sourabh Upadhyay and Miss Kazal Singh in (U-17) grabbed first position. All our tenacious badminton players put up a spectacular display of their sportsmanship and once again they made their school feel pride by lifting the Winners Trophy, (The Rolling Trophy).

In the month of August, Neerja Modi School, Jaipur organised an 'Inter School Sports Tournaments- NMS Cup' in which our Basketball, Table Tennis, Football and Kabaddi teams participated with unprecedented zeal and fervour.

The basketball team once again became a solar emblem of success and victory by grabbing first position. The players were: Master Vinit, Master Deepesh Kumar, Master Mahipal Singh, Master Ashish Mishra, Master Divyanshu, Master Manav Shekhawat, Master Saurav, Master Anuj Kumar, Master Lakshay Pratap, Master Prashant, Master Mehul Poonia and Master Abhinav Kumar Singh. Our TT team (U-14 Boys), which is known for its swiftness and alacrity secured third position. The players were : Master Daksh Pandey, Master Chaitanya and Master Yuvraj.

The journey of victory does not end here as we have shining stars in the field of marathon also. 10 students of our School secured their positions in the marathon organised by Ryan International School, Jaipur in the month of November. Adding more jewels to the gilded crown of Army Public School, Jaipur, our students lifted overall winners trophies in (U-18 Girls) and (U-16 Girls) along with over all second runners up trophies in (U-18 Boys) and (U-12 Girls) categories.

Our inveterate all- round winners Miss Reena Chaudhary and Miss Ritika secured first position in (U-18 Girls) and (U-16 Girls) categories respectively while Master Ritik and Miss Ritika Kumari secured second position in (U-18 Boys) and (U-16 Girls) respectively. Miss Kazal Singh managed to get third position in (U-16 Girls). Our brawny and strenuous students were also awarded with the cash prize of Rs 7000.



# .....SPORTS

## EXHILARATING PERFORMANCE AT SGFI

APS, Jaipur carved a niche for themselves in SGFI, Block Level Competition was held at Jaipur from 25 Sept to 27 Sept 2019. Competing in Athletics, Gymnastics, Kabaddi and Kho-Kho, a total of 72 players went out to claim 65 Gold and 7 Silver medals.

SGFI, District Level Championship was organised. Many students from different schools of Jaipur participated in the competition and our shining players brought laurels to the School. The Boys and Girls with their smashing performance won Silver medals in Gymnastics .

The Gymnastics Girls Team members were Miss Nandini Dara, Miss Ahana Bano, Miss Bhumika and Miss Kashish Rathore. Gymnastics Boys Team members were Master Dharmendra, Master Vishvajeet S Rathore, Master Anuj Kumar and Master Harish Choudhary. Girls in the Relay Race category and Long Jump won Gold. Their names are Miss Riya Shekhawat, Miss Harshita Tomar, Miss Soniya Lakhersa, Miss Saroj and Miss Akshi Yadav. Master Sourabh got silver in 100m Race.

APS, Jaipur left its imprint by being unmatched .The children on expected lines, displaying their tremendous performance reached NATIONALS and made us proud. The list of names along with the sport is as follows; Master Deepak (Football), Master Sameer Khan (Athletics), Miss Nikita Kanwar (Taekwondo), Miss Srimayee Panda (Karate), Miss Ridhima Thapa and Master Sourabh Upadhyay (Badminton), Master Priyanshu Vashishtha and Master Sumit Poonia (TT) and Master Rishit Maheka (Skates).

Sports and athletics have been an integral part of Army Public School, Jaipur for years immemorial. And the secret behind the sterling achievements of our students in the field of sports is their belief that the struggle they feel today while perspiring in the practice field will offer them the strength, honour and the dazzling medals tomorrow.

**Miss Alkesh Rathore**  
**Mrs Priyanka Choudhary**



H  
A  
L  
L  
  
O  
F  
  
F  
A  
M  
E



**Miss Ridhima Thapa**

Bronze Medal in National Level Badminton  
Championship 2019-20



**Master Priyanshu Vashishth**

National Level Table Tennis Player (CBSE)  
2019-20



**Master Saurabh Upadhyay**

National Level Badminton Player (CBSE)  
2019-20



**Master Deepak**

National Level Football Player  
2019-20



**Master Sumit Poonia**

National Level Table Tennis Player  
2019-20



**Miss Nikita Kanwar**

National Level Taekwondo Player  
2019-20

H  
A  
L  
L  
  
O  
F  
  
F  
A  
M  
E



**Master Shubham Singh**

National Level Debater  
Best Speaker Against The Motion  
SWC Inter APS English Debate Competition 2019-20



**Miss Tapasvini Shekhawat**

National Level Debater  
Best Speaker For The Motion  
SWC Inter APS English Debate Competition 2019-20



**Miss Neha Kanwar**

Second prize  
'MATH A DOODLE DOO'  
Inter APS Competition organised by APS Shankar Vihar



**Miss Swati Pandey**

Second prize  
'STAND UP COMEDY SHOW'  
Inter APS Competition organised by APS Shankar Vihar



**Miss Anshu Rathore**

Best Speaker For The Motion  
SWC Inter APS Hindi Debate Competition



**Master Daksh Pandey**

Best Table Tennis Player SWC (U-14 boys)  
2019-20

H  
A  
L  
L  
  
O  
F  
  
F  
A  
M  
E



**Master Ritik Rohlan**

Bronze Medal in Athletics at State Level  
2019-2020



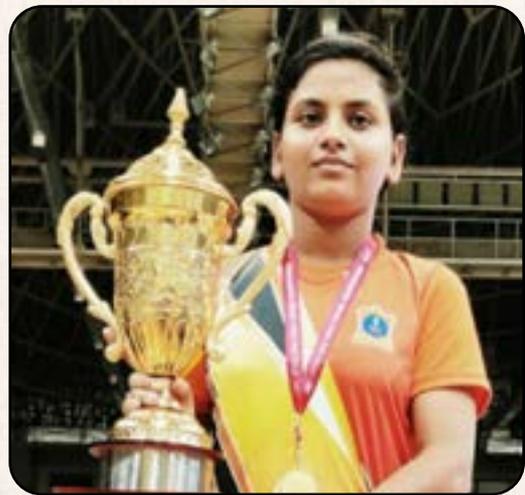
**Miss Anshika Gautam**

Gold Medal in  
State Level Badminton Championship  
Best Badminton Player SWC (U-14 girls) 2019-20



**Miss Kajal Singh**

Gold Medal in  
State Level Badminton Championship  
Best Badminton Player (U-18 girls) 2019-20



**Miss Poonam Kanwar**

State Level Table Tennis Player  
Best Table Tennis Player SWC 2019-20



**Miss Prerna Sharma**

Gold Medal in District Level Badminton  
Championship 2019-20



**Miss Ritika Kumari**

Gold Medal in District Level Badminton  
Championship 2019-20

H  
A  
L  
L  
  
O  
F  
  
F  
A  
M  
E



**Miss Riya Jhanjhariya**

Gold Medal in District Level Badminton  
Championship 2019-20



**Master Sandeep Rawat**

Gold Medal in District Level Badminton  
Championship 2019-20



**Master Vishal**

District Level Badminton Player  
2019-20



**Master Garvit Pratap Singh**

Gold Medal in District Level Badminton  
Championship 2019-20



**Master Devender**

District Level Badminton Player  
2019-20



**Master Pratham Yadav**

District Level Badminton Player  
2019-20

H  
A  
L  
L  
  
O  
F  
  
F  
A  
M  
E



**Miss Akshi Yadav**

Gold Medal in District Level Long Jump  
Championship 2019-20



**Miss Muskan Kanwar**

Bronze Medal In District Level Long Jump  
Championship 2019-20



**Master Sahil**

First Position in Ryan Kids Marathon  
2019-20



**Miss Reena Choudhary**

First Position U-18 girls  
Ryan International School Marathon 2019-20

SGFI GOLD MEDAL WINNERS 2019-20



ARMY PUBLIC SCHOOL, JAIPUR DISTRICT  
BADMINTON CHAMPIONS 2019-2020



ARMY PUBLIC SCHOOL, JAIPUR  
MARATHON CHAMPIONS AT  
RYAN INTERNATIONAL SCHOOL 2019-2020



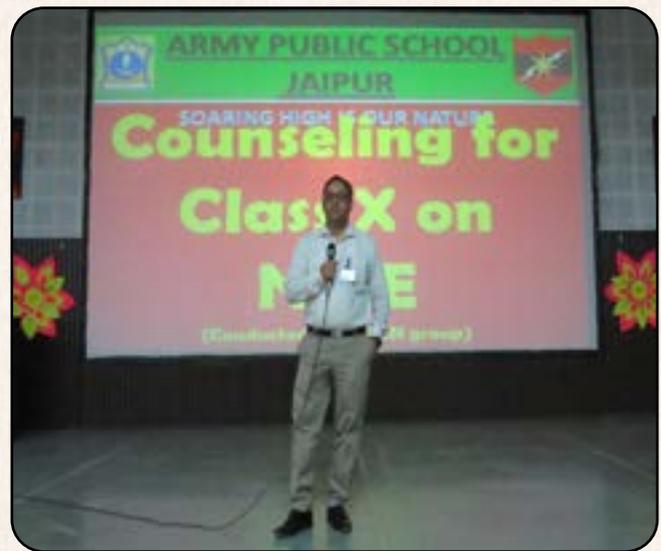
# COUNSELLING REPORT

1. Counselling sessions for the students of classes I to XII were regularly conducted by the School Counsellors in which they were informed about appropriate body language, proper communication skills, confidence building, dressing sense and disciplinary behavioural conduct.
2. A teachers' Induction Programme was organised in the month of May. In this, teachers of both the wings were addressed by the senior teachers and the Administration Department on the topics: Work Ethics and Professionalism. Awareness about rules and regulations of the School was also developed through it.
3. To inculcate the core values of humanity, empathy, social responsibility, interdependence, participatory citizenship and other life skills among students, several visits were organised for students to 'Mother Teresa Old Age Home' and 'Sapta Shakti Asha School'. These visits served as sensitisation opportunities for students as they learned about the difficulties of elderly people, their caretaking, understood the need of love and affection in their lives, the world of special children, challenges faced by them and the preciousness of their loved ones.
4. During In-Service Teachers' Training Programme conducted in the month of May, several counselling seminars were conducted for APS teachers. Some of the topics discussed were: Gender Sensitivity, How to Develop Productivity of Teachers and Students, Activity Based Teaching, How to Make Effective Worksheets, Effective Communication Skills for Teachers. Other sessions were conducted for teachers throughout the year on topics like Role of Teachers in Society and Professionalism.
5. Parents' Counselling Sessions for the classes I to XII were organized during the months of April and August and at regular intervals. Topics of these sessions were Effective Parenting, Virtuous Parenting, Connecting to Rules and Regulations of School, Examination Pattern of CBSE and How to be a Parent Your Child Deserves. Parents participated enthusiastically in these sessions.
6. A remedial counselling session was organised in the month of July for the students of classes III to V on the topic 'How to Overcome Examination Anxiety'.



# ....COUNSELLING

7. Special motivational counselling sessions were organised for the students of classes X, XI and XII in the month of July by representatives of Indian Army. The sessions explained the life of Padma Bhushan Lt. Gen. Sagat Singh, PVSM (Retd), 'Difficulties of Operation Vijay' and cleared the doubts of students about the process of joining Indian Army and life in Army.
8. An informative parents' counselling session was conducted in the month of August for the aspirants of Sainik and Military schools. Complete details were shared regarding the forms, criteria of filling up the forms, age limits, about residential facilities and reservation policies. Information about the dates of entrance examination, subject related details were discussed.
9. Orientation session was conducted for the parents of class I students and the parents of new students in August to give details of School policies and objectives, School activities, understanding behaviour of students, activities to develop confidence and good communication skills and positive parenting.
10. An informative counselling session was organised by representatives from Akash Coaching Institute for the students of class X to explain details of NTSE exam in the month of August.



11. Regular individual and group counselling sessions were conducted throughout the session for the students, based on their academic performances as well as for various behavioural issues, proper school conduct and to inculcate a sense of equality among students.
12. Various Psychological Tests were administered during the session on the students of classes IX, X, XI and XII to assess various significant aspects of their behaviour and personality. Students actively participated during such assessments.
13. Special counselling sessions were conducted for the parents of students in senior secondary classes. These sessions were addressed by the Chairman and the Principal of the School. The topics of these sessions were: How Parents Can Help to Ensure Academic Progress and Disciplinary Conduct of the Child, Vision of the School for the Students of Higher Classes and How They Can be the Best Parent for their Adolescent children.

# ....COUNSELLING

14. On 4 Oct 2019, the School invited the special students of Umang School and Sapta Shakti Asha School to enjoy the Dusshera Celebrations with APS Students. Students were accompanied by their Principals Mrs. Deepak Kalra, Mrs. Hema Kumar and other faculty members. This program gave a healthy opportunity to our students to witness the life of such special children closely. They celebrated with presentation of Ramleela, songs and dance. Psychology students of classes XI & XII interacted with these children and shared their happiness.

15. A Counselling seminar for the female students of classes VI and VII along with their mothers was conducted by Mrs. Anuradha Sharma from P&G (PROCTOR & GAMBLE) Organization on 14 Oct 2019. It was an interactive session highlighting and informing about various aspects of developmental changes, health and hygiene, nutrition and growth in female students and their mothers. An informative session on personal health & hygiene and good & bad touch was organised in the months of August and December for the students of classes I to V. This helped them in developing a better sense of health and hygiene, awareness towards their bodily changes and increased their sensitivity towards safety.

16. An informative session was organised for the students of classes III to V in October to help them understand the ways of celebrating safe Diwali, how they can take care of their safety and health during festivals.

17. The Students of class X were taken to visit the fair organised by Sapta Shakti Asha School on 'World Disability Day' in the month of December. They got the opportunity to volunteer and learn about various disabilities and difficulties in the life of differently-abled children. They were also sensitised to understand the need of love, care and affection required by these children.

18. Several Olympiads were organised in the School by SOF (Science Olympiad Foundation) for classes III to XI in September and December. Appreciable number of students appeared in these Olympiads and won gold, silver and bronze medals and other prizes for their outstanding performances at School and Zonal Level.



# ....COUNSELLING



19. Several career counselling sessions and programmes for developing innovation among students were conducted for the students of classes IX to XII of APS, Jaipur. These were conducted by Mr. Rajesh Gupta from The Institute Of Company Secretaries of India, Jaipur, representatives from Amity University, Jaipur and representatives from NIT, New Delhi and J.K. Lakshmi pat University, Jaipur.

20. Orientation programmes for the students of classes IV and V were organised in the months of January and February to impart values of discipline and to prepare students for senior classes.

21. An interactive and awareness developing two day training program was conducted on 3 and 4 March 2020 by Mrs. Mrinalini Deshpande. The training program for the teachers highlighted the importance of prior preparation by a teacher before entering a class, what are the difficulties faced by the teachers in a classroom and the ways to overcome them. It also helped in understanding the challenges of children with special needs and what can be done for helping them to learn and grow.

**Mrs Pallavi Dixit**



# SOUTH WESTERN COMMAND INTER APS TABLE TENNIS CHAMPIONSHIP 2019-20



## FIRST IN THE COMMAND





FIRST IN THE COMMAND



# SOUTH WESTERN COMMAND INTER APS BADMINTON CHAMPIONSHIP 2019-20



## FIRST IN THE COMMAND



# SOUTH WESTERN COMMAND INTER APS BASKET BALL CHAMPIONSHIP 2019-2020



FIRST IN THE COMMAND

# SOUTH WESTERN COMMAND INTER APS DEBATE COMPETITION 2019-2020



FIRST IN THE COMMAND  
IN ENGLISH DEBATE





THIRD AT NATIONAL LEVEL IN ENGLISH DEBATE 2019-2020



# SOUTH WESTERN COMMAND TALENT HUNT 2019-2020

Army Public School, Jaipur was fortunate enough to host the first ever South Western Command Talent Hunt on 3 May 2019. The function was graced by Honourable Chief Guest, Lt Gen Cherish Mathson , PVSM, SM, VSM, erstwhile GOC-in-C, South Western Command and Patron, Board of Administration, Army Public Schools in South Western Command, the Guest of Honour, Mrs Mareena Mathson , erstwhile Regional President AWWA and other distinguished guests. All 17 Army Public Schools in South Western Command participated in this event.

The Chief Guest was welcomed by Maj Gen BP Singh, MG EME, South Western Command and Patron, Army Public School, Jaipur. Mrs Sangeeta Singh welcomed the Guest of Honour. The programme commenced with the auspicious lighting of the ceremonial lamp by the Chief Guest and the Guest of Honour. It was followed by Ganesh Vandana to make way for unhindered progress of the event. All the participants dressed in colourful dresses were full of confidence and enthusiasm prior to their performances. There were dance competitions comprised of free style solo and group dance under various categories like Western, Classical, Folk and Fusion. Music categories also had solo and group performances in vocal, instrumental as well as bands.

The scintillating performances created a visual feast for the audience as it displayed the young budding talents on the stage with so much gusto. The ambience complimented by the mind blowing presentation of Mehendi Corner, Art Gallery, Tattoo Corner and School Orchestra left everyone at the venue spellbound. The judges had a brainstorming session over the neck to neck performances to come to their judgment.

Army Public School, Jaipur has the legacy of achievements and our students have been bringing laurels to the School. Continuing the tradition, Master Harsh Kumar bagged first position in Rubik's cube, Master Viraj Singh bagged third position in solo singing and Miss Trisha was awarded consolation prize in solo dance. The troupe of dancers were at first position. The Chief Guest felicitated the winners and congratulated the entire team for the hard work put in by them to make the event a roaring success.

The venue reverberated with thunderous applause; gleaming faces exchanged appreciative nods as the audience witnessed the perfection and extravaganza of the show. The exhilarating show was an unforgettable experience and left a lasting impression on the minds of everyone present. It was indeed a spectacular display of talent and fervor.

TALENT  
SHOW



LIGHTING OF LAMP BY  
LT GEN CHERISH MATHSON , PVSM, SM, VSM, ERSTWHILE  
GOC-IN-C, SOUTH WESTERN COMMAND AND PATRON, BOARD OF  
ADMINISTRATION, ARMY PUBLIC SCHOOLS IN  
SOUTH WESTERN COMMAND



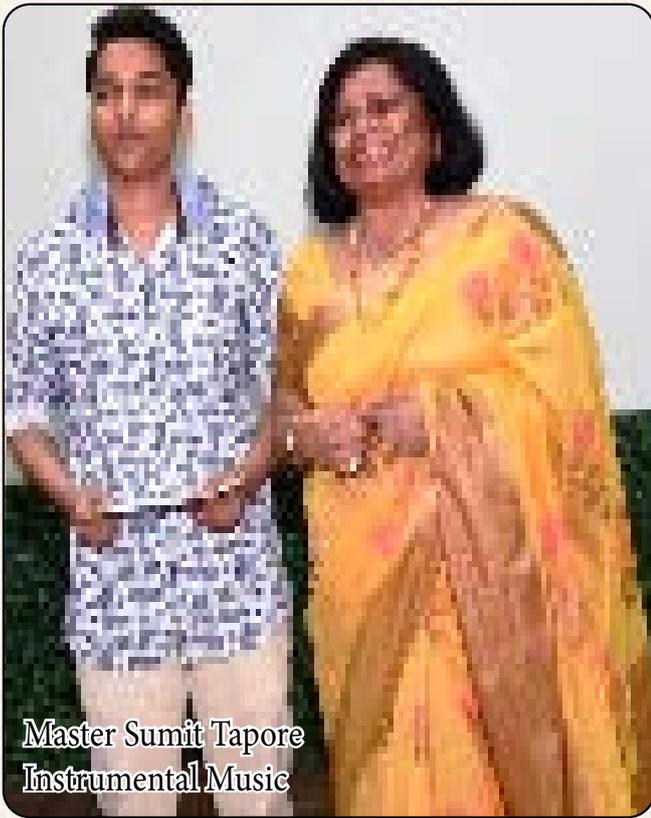












Master Sumit Tapore  
Instrumental Music



Master Viraj Singh Kanyal  
Solo Song

PRIZE DISTRIBUTION BY  
MRS MAREENA MATHSON  
ERSTWHILE REGIONAL PRESIDENT AWWA,  
SOUTH WESTERN COMMAND



Master Harsh Kumar  
Rubik's Cube



Miss Trisha Sharma  
Solo Dance



## GROUP DANCE



# WHAT PARENTS SAY



Col. Prakash Kumar  
110, 24/04/2020

APS has done a splendid work by organising online workshop for students to cope up with depression and remain positive. During the pandemic school continued to conduct co-curricular activities which boosted my daughter's morale as she won the debate competition.



Col. Prakash Kumar  
110, 24/04/2020

I would like to place on record my sincerest thanks to the management, the principal Ma'am and the teachers of APS Jaipur for their extraordinary efforts in the most difficult and unprecedented times of Covid-19 pandemic, to provide quality education on online medium which in many way replicated offline teaching with its enriched learning experience for our children. Our kids were constantly guided and monitored inspite of the distance between teachers and learners.



Col. Prakash Kumar  
110, 24/04/2020

We fall short of words to impress our heartfelt gratitude to the Principal Ma'am and the teachers of APS Jaipur to stand tall along side our children during this trying times of pandemic when school was running on virtual platform. In these times, the school not only ensured academics is taken care of but also other aspects. Regular guidance was provided to students in terms of physical and mental health. Under the able guidance of Principal Ma'am, many webinars were conducted regularly for the students to educate ways and means to keep themselves healthy, both physically and mentally and that knowledge was reinforced by the teachers by constant discussions during their classes.



Col. Prakash Kumar  
110, 24/04/2020

With immense pleasure, I say that APS Jaipur is one of the best schools in the country. My son has passed out with flying colours because of the positive environment of the school, dedicated teachers, management and also with his own hard work. School organises time-to-time counselling sessions for the Board classes, so that students do not face problems while taking important decisions of their life. And there is no doubt that APS Jaipur has given such Alumni who have made their Nation's future bright. In nutshell, APS Jaipur provides quality education and holistic development at affordable price by giving personal attention to all the pupils.



Col. Prakash Kumar  
110, 24/04/2020

Army Public School, Jaipur has a vision to provide value based education to young minds with a dynamic learning environment. This school acts as a platform for every student which strives for excellence through active learning and education. I am very happy with the efforts Team APS, Jaipur is pulling towards better educational development of the students. Covid 19 Pandemic has made no obstacle in providing proper learning environment to the students.

# *English Section*



*If Winter comes,  
can Spring be far behind?*

*-P B Shelley*

## SELF – DISCIPLINE

It is the rejection of instant gratification in favour of something better. It is the giving up of instant pleasure of satisfaction for a higher and better goal. It manifests the ability to stick to actions, thoughts and behaviour, which leads to improvement and success. Self discipline is self control, and it manifests in spiritual, mental, emotional and physical discipline. The purpose of self discipline is not living a limited or a restricted life style. It does not mean narrow mindedness or living like a joker. It is one of the pillars of success and power. It bestows the inner strength to focus all your energy on your goal and preserves it until it is accomplished. Both of these abilities are required for daily actions and decisions, and also for making major decisions and attaining major success. One of the most simple and effective methods to develop self power and self discipline is to refuse satisfying unimportant and unnecessary desires. Everyone is constantly confronted and tempted by an endless stream of desires and temptations, many of which are not really important or desirable. By learning to refuse to satisfy every one of them, you get stronger. Refusing and rejecting useless, harmful or unnecessary desires and actions, and intentionally acting contrary to your habit, strengthen and sharpen your skills.

DAKSH PANDEY ( IX A )

## AN APPLE A DAY KEEPS THE DOCTOR AWAY

The age old maxim, 'An apple a day keeps the doctor away,' was a polite way of saying that this habit would prevent constipation and other related ailments. Since it was believed that the juice of a raw apple aided the fermentation of undigested foods.

Although one might question such a sweeping statement in the highly advanced modern times. None can deny that apples are good for health because of their high nutritious value. Some people have modified this statement and suggested that it keeps the dentist away more than the doctor.

According to the dentists, biting on a crisp apple is an effective way of removing food particles from between the teeth, Eating an apple after meals and cleaning the teeth in the night and in the morning is the best way to keep the teeth healthy.

Apples contain Vitamin A and C. They are rich in cellulose and carbohydrates. They also contain some minerals. This implies that apple also helps in the prevention and cure of several deficiency disorders, e.g. scurvy, night blindness etc. as well as in purifying blood.

They also aid in healing, protecting against cold and building healthy bones, teeth and gums

JAYESH BHATNAGAR (XII SC A)

# THE LOFTY WALK KASHMIR SE KANYAKUMARI

An opportunity that said, 'THIS AIN'T COMING BACK TO YOU', had hit my door. The opportunity said, "Do you wish to walk on the most beautiful road of our country?" How proud I always felt when I saw my Dad in the uniform. This was definitely going to be a proud moment for him when he would see me walk on a beautiful road with millions of eyes watching me walk on the road of honour. I definitely was going to make it to my own hall of fame. 26 January, 2020 was going to be unlike other Republic Days, as this time I would not sit with my parents and watch the parade but rather walk in the parade as a part of the CPWD tableau.

My grade 11 exams were around the corner and, indeed, when you have science, life definitely does not allow you to look beyond the Physics books but the opportunity was not going to come back to me again. I had made my decision that I would go there and be a part of the 12 day RD Camp and walk with pride on 26 January, 2020.



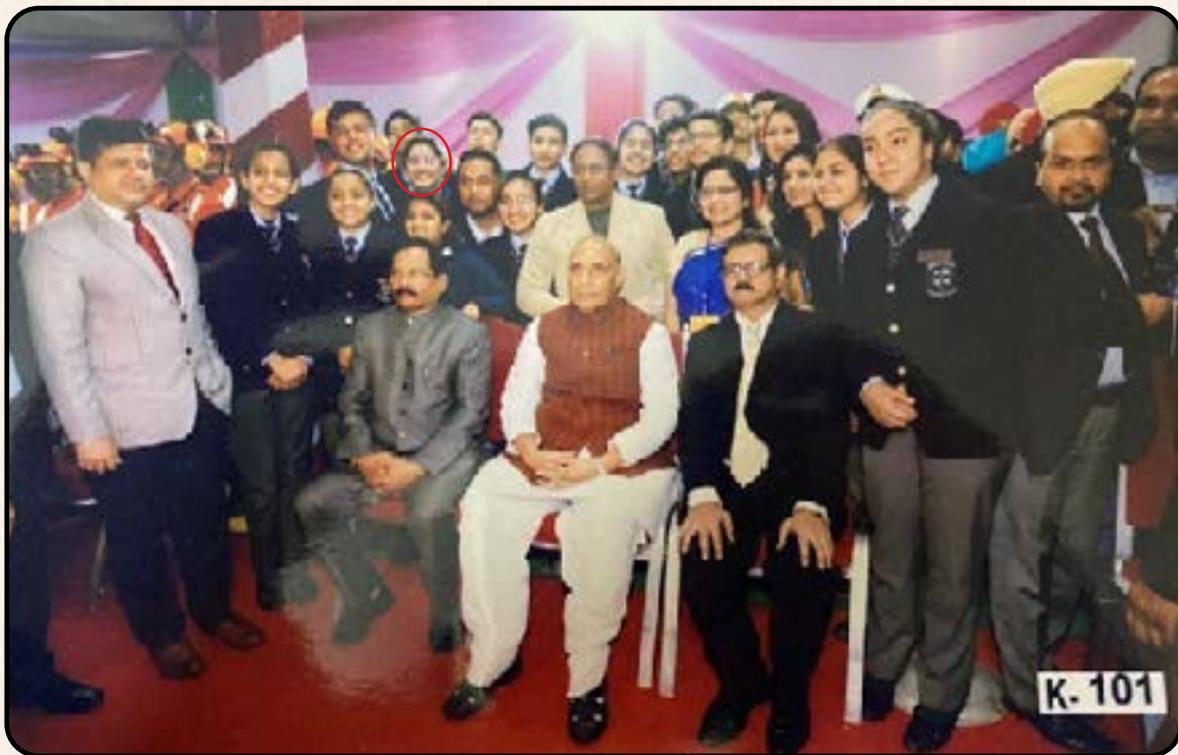
All formalities were done, I was going to play a Himachali girl and it was all set. With 2 big suitcases, all medical tests done, consent from parents, some books for formality, money and a phone, I was ready to give my all for just one particular day, the day of my dreams. There were 20 of us, children, students or rather citizens of India. I reached my destination, along- with 17 kids and 3 teachers, a board at the gate reading, 'RD CAMP 2020'.

With high hopes of spending the next 12 days in the best of rooms, we were upset when we found that we were going to be living in a tent. A tent among a hundred other tents. Boys went to the boys section and we managed to bring in all our luggage on a cycle rickshaw with me riding it in the worst way ever and entered our small little tent.

## .....THE LOFTY WALK KASHMIR SE KANYAKUMARI

The first day came to an end with filling of forms, meeting our group designers and managers, bringing in those hard beds and pillows, cleaning the tent, and of course checking out the small canteen that would help us survive.

The next day and the days (alternate) that followed, saw us waking up even before the sun showed its face and moon was yet to hide; obviously who would wake up at 3 in the morning? There were around 30 washrooms for more than a hundred ladies, 6 geysers for the cold mornings of Delhi and a big area where you could have bath if you didn't get to the washrooms in time and therefore getting up at 3 was never that bad even if one slept after gossiping and watching movies until midnight.



The beginning was tough, but then tough got going and we all were happy with what we were living and going through. The practice sessions started getting intense when we would have to go to Rajpath and walk with the tractor that would mostly leave us behind as it would be running at a speed greater than 20 km/hr. I don't really remember anyone being able to catch up with the tractor, as the two Sardar Jis followed the instructions. But things became better when the practice sessions were being audienced by a large number of people and due to which we made sure we ran our hearts out. The days were passing and with constant guidance and support we were doing really well.

Songs playing in all the tents in their different languages until late night, the midnight videos we made, the friend's birthday we celebrated, the time we spent on Sonalika, the tractor, the new friends we made, the lessons we learnt, the unity in diversity we all felt would easily compensate for the same everyday food, the no-space-washrooms, not being able to go out of the place and the other little things.

These all were little pieces of joy, those were moments we were never going to forget, life that had been made eternally beautiful.

## .....THE LOFTY WALK KASHMIR SE KANYAKUMARI

I still remember the first time we were called for the dinner party and how we all had eaten all that we could eat. I still remember sleeping in the bus rides to Rajpath and being woken up by the conductor.

I still remember how we all sat in the reading room and played songs. I still remember going to the canteen and buying my everyday doze of chocolates. I still remember each and every moment that I have spent in those 12 days of my life, something I will always cherish.

Days were passing and finally 26 January, 2020 had come. We woke up at 2 in the morning, did heavy makeup and took our bus for the day. This was for the first time in my entire life that I had seen so many people together at once, all clapping and cheering with cameras set straight at our faces and millions of hopes that we saw in each other that day.



## .....THE LOFTY WALK KASHMIR SE KANYAKUMARI

It was amazingly the most beautiful 2 kms ever. Even though the tractor was almost running, we did not give up. We did our steps on the song SAARE JAHA SE ACHA HINDUSTAN HUMARA as we walked and people watched. It was a moment of real pride as we saw all the ministers along with the President and the Prime Minister look and smile at us. The happiest day, which we can never forget, filled us with pride that cannot be expressed.

Even though, the days will never come back to us yet the memories we made will never fade, the time we spent will just grow more beautiful as we see our photographs framed back home.

VRATIKA CHANDEL  
XII SB B



## KEEP SMILING

Keep a smile on your face  
It adds to your grace.  
To create a good impression,  
You first give introduction  
Always smile, don't be sad,  
A smile is like a ray of light  
Sharp enough to make dull conditions bright  
A smile can change your life's thread  
And even turn enemies to friend.  
A smiling face remains,  
In the memories of all  
So smile to make yourself and other happy.  
And to have a good profile  
Carry yourself with a smile.  
'Smile is like a bird that flies from one face to another'

DIKSHA (V F)

## WAKE UP

Wake up! Wake up! It's a lovely day. Oh! Please get up  
And come and play  
The birds are singing in the trees  
And you can hear the buzzing Bees Wake up! Wake up!  
It's a lovely day.  
Oh! Please get up  
And come and play.  
It's much too late to lie in bed So, hurry up you sleep  
ahead.  
Wash and dress  
And come on, out  
Everyone is up and about  
The cow, the horses, the ducks and the sheep  
The tiniest chicken Cheep- Cheep- Cheep  
Wake up! Wake up! It's a lovely day.  
Oh! Please get up and come and play.

ANUSHKA YADAV (VG)

## CAPACITY BUILDING WORKSHOP ON POWER OF 3 Vs



MRS MIRINALINI DESHPANDEY



## SURGICAL STRIKE

A Surgical strike is a military attack which is intended to damage only a legitimate military target, with no minimal collateral damage to surrounding structures, vehicles, buildings, or general public infrastructure and utilities.

Surgical strike in India ---

India conducted 'Surgical Strike' against militant launch pads across the Line of Control in Pakistan-administrated Kashmir, and inflicted 'significant casualties'. Indian media reported the casualty figures variously from 35 to 50.

**RUDRA PRATAP SINGH (VII G)**

## FIRED UP FOR GRADES

Grade...

Everyone of our age is used to run behind these grades.

These are so important for the students.

Most of us do not realise the importance of grades till it is very late— me also!

But hard work can take you much higher than those who are serious about the grades from the beginning. These grades come in different forms to us in our school life— assessment grades, art education, discipline remarks, physical education and many more. These grades guide your career. If you get lower marks in class 10th, you cannot opt for PCB. The grades make a path for you to have a successful career.

In today's life, there is a huge competition and what matters, are the grades.

Everyday in newspaper we see children scoring 99% in board exam, IIT- JEE exam and then we just think, where are we standing? If we do not start to realise about the significance of these grades, they will give us horrible dreams in future. Therefore, I say, "Fire up for grades, or your career will get afraid".

**TANVAY XB**

## MOTIVATION

Motivation is to get willingness of a person to achieve something. It can be defined as an act of inspiring people to achieve their goals.

Many successful people like Bill Gates, Steve Jobs and Sunita Williams have one thing in common and that is motivation. They all were motivated to turn their dreams into reality and did not rest till they were satisfied. Motivation is that thirst for success that keeps you going no matter what the circumstances are and is only quenched once our ambitions turn into reality.

Motivation always comes from within the person. It is like a fire which burns in person's heart, illuminating his path to accomplishment and fame. Our performance is directly linked to motivation, as it is the product of motivation and ability. If a person is weak in a particular field because he lacks the required skills but is motivated to succeed, with time and regular hard work, he is bound to attain those skills.

So, no matter who you are? Be it a student, teacher, author, businessman, player etc., always be motivated to succeed for your ambitions and goals.

'It does not matter how slowly you go, So long as you do not stop.'

**KRITIKA (IX A)**

## GENERATION GAP

Generation gap means difference in attitude or lack of understanding between younger and older generation. This generation gap has always been there. But these days, it has reached to an explosive stage. The value and patterns of life have changed to a great extent. Today, everybody likes to live and behave in his/her way. This attitude has widened the generation gap.

It is now destroying family life completely. The elders look after the children and make all sorts of sacrifices to bring them up. They feel that they have right over them when they get old. But the growing children want complete freedom in their thoughts and actions. They revolt when any kind of restriction is imposed on them.

Consequently, the family breaks up. When the children enter the teens, the problems of generation gap become intense. Children, too fail to see their parents' point of view and become disobedient.

Generation gap will not become a serious problem, if families learn to sit over dinner and talk the things out.

Taking it out calmly and coolly with the idea of sorting things, can be the most helpful medium in lessening the generation gap: Family outings, vacations, tours, picnics, often with the family, can be effective ways to tackle the problem.

**DIKSHU (VD)**

# *Committees*

## ACTIVITY COMMITTEE



## TIME TABLE & ARRANGEMENT COMMITTEE



## SCHOOL LIFE

Every week there is a rest, And we must do our best.  
Most of us hate examination, Because of lack of  
concentration.

If you want a good position, Then, pay attention in the  
class.

Study and work regularly, You will do wonderfully. Don't  
waste your time, For a student, it's a crime. School life  
isn't just honey, It costs the parents a lot of money.

So pull up your socks, my friends!

And get ready for the test.

**KARISHMA DODAIN (XII ARTS A)**

## PARTS OF SPEECH

A Noun is a name of anything,  
As school or garden, road or swing.

Instead of the Nouns. The Pronouns starts,  
His face, her head.

My arms, your hands. Adjectives tell the kinds of Noun,  
As great, small, pretty or brown.

Verbs tell of something being done,  
As to read, write, sing and run.

How things are done, the Adverbs tell,  
As slowly, quickly, ill or well. Conjunction joins the  
words together,

As man and woman, Wind and weather.

**LUV ALGAR (VII H)**

## RIDDLES

1. I'm tall when I'm young and I'm short when I'm old.

What am I?

Ans: A candle

2. What has hands but cannot  
clap?

Ans: A clock

3. What is at the end of a Rainbow?

Ans: The letter 'W'

4. What starts with the letter 'T'  
is filled with 'T' and ends in 'T'?

Ans: A Teapot

5. What gets wetter and wetter the more it dries?

Ans: A Towel

6. How many months have 28  
days?

Ans: All 12 months.

7. What goes around the wood but never goes into the  
wood?

Ans: The bark of a tree.

**HIMANSHI (VII D)**

## CLEAN INDIA CAMPAIGN

Swachh Bharat Mission or Clean India Campaign was launched by the Prime Minister, Mr Narendra Modi, on the birth anniversary of Mahatma Gandhi on 2<sup>nd</sup> October, 2014 at Rajghat in New Delhi.

This mission was launched to clean cities and villages of all India. The estimated cost is about 6200 crore rupees. Now the question arises why we need a Clean India Campaign, the answer is - 6,00,000 people die every year because of diarrhea and other such diseases.

Almost 50 millions do not have toilets at their houses and they defecate in the open.

Lack of toilets also exposes one towards the country's woman to the risk of sexual assault. Sikkim, Himachal Pradesh and Kerala have been declared open defecation free states till today.

PM Modi asked that every Indian should take this campaign as a challenge and try his/ her level best to make this campaign a successful campaign ever.

**AYATI SINGH XI SC B**

## GROWTH MINDSET

Every day I will try my best,  
I will not quit,  
I will not rest.

Until my brain has grown a bit, And I have learned how to do it. If I fail I will be ok,

I will just try a different way !

I will just say I can do it yet..... Because I have growth mindset.

**SAMIKSHA (VII E)**

# Committees

## DISCIPLINE COMMITTEE



## EXAMINATION COMMITTEE



## HARMFUL EFFECTS OF POLYTHENE BAGS

“If you can't reuse it, refuse it  
If you can't refuse it then, don't produce it”

Present days, we use polythene products for all purposes in our daily life. Be it for carrying vegetables, milk, fruit, clothes, sweets, or other nonedible items that we use in our day to day lives.

Plastic: A poison:- Polythene bag is a kind of plastic which is non-biodegradable and causes environmental pollution . They undergo a process known as 'Photodegradable' in which they breakdown into smaller toxic particles. Polythene takes upto 1000 years to decompose.

Harmful Effects of Polythene Bags:-The polythene product causes harmful effects to all living things, be it human, animals or aquatic life and environment as well. The main harmful effects are listed below:-

- I. Polythene gets into soil and slowly releases toxic chemicals.
- II. Burning of plastic in open air leads to release of poisonous/toxic chemicals that cause respiratory problems.
- III. Exposure to plastic's toxic chemicals leads to cancer, birth defects and other ailments.
- IV. Plastic reacts with certain food contents and may cause very serious health issues.
- V. Plastic pollution in ocean is a major threat to marine life.

Therefore, we have to take resolution to say 'No' to production, supply and use of polythene at every stage. It is social as well as individual responsibility to eradicate this man-made epidemic. Both the society and the government have to work together in a synchronised manner to stop the production, supply and use of plastic products, especially polythene bags. The government should ban the production of polythene.

We all must think and act to stop the use of polythene to save this beautiful planet from this self created epidemic. We should encourage and promote the use of bags which are made of paper, jute and cloth. 'Prevention is better than cure' – therefore, let's stop using polythene.

AYUSH AGARWAL (XII SC B)

## MANGALYAAN

India's Mangalyaan was the first satellite to go to the Mars' Orbit in its first attempt. As India is a developing country, it was unusual that we could do the impossible. The Mangalyaan mission was India's first Interplanetary mission.

It was a proud moment for ISRO and India.

The Mangalyaan satellite was designed with scientific instruments.

These were:

Mars Colour Camera- The camera was electro optical sensor camera. It was 8 mega pixel camera which could click photo in 3 different levels .

Thermal Infrared Imaging Spectrometer- It detected the temperature and hotspot of Mars.

Methane Sensor- It was to only detect methane gas present in the atmosphere of Mars.

Lyman Alpha Photometer- It was an absorption gas cell photometer. Mars Exosphere Composition Analyser (MENCA) which checked the neutral composition of Mars. The distance of Earth from Mars is 54.6 million kilometer that is why Deep Space Network Station got all the photos transmitted from Mangalyaan. Mangalyaan had a weight of 1337 kg and was the first cheapest satellite in the world with the making cost of only 450 crores.

The Mariner 3 of America which failed had a price of rupees 4700 crores. In 1971, Mariner 9 was launched and succeeded, so America became the first country to send the rocket on Mars orbit. Europe in 2003 and 2004 built satellite but failed and same happened with China in 2011. Mangalyaan takes about 72 hours 51 minutes 31 seconds to take a full round of Mars.

It is a great achievement for a developing country like India. I hope our country keeps achieving like this, in the coming years.

**PRABHNOOR SINGH VIII D**



## GLIMPSES OF ACTIVITIES



## MOTHER AND FATHER - THE BASE OF OUR FAMILY

Some people say that you are the sum of all your influences. For the most part, I agree with these people. I have had many influential people in my life. I believe in my friends, people I have worked with, my schoolmates and even television has helped me into who I am today, but I think the two most influential people in my life are my parents.

My father and mother are very different. From the way they grew up, to the way they are now, they have always been quite different. My father is made from the fiber of hard work and he is as tough as nails, stubborn old guy. My mother is quite opposite. She is gentle, caring and a deep thinker.

For mother and father their own kids are the most precious things on this earth. Mother decorates and embellishes her kids from their best possible resources. She tells us to dress properly and look smart. At the same time, father helps his kids to become physically and mentally strong by involving them in various home and field works. These are habits and lessons we all are still trying to follow today.

Respect and love from their kids is more important than money for parents. So, we should pay respect to our parents and love them.

Do 'Namaste', take the blessings of the elders/relatives by touching their feet, always be polite and listen to their advice - these all are the ways to show respect to the pillars of our life.

VIVEK SINGH (VIII D)

## TIME YOUR SHOWERS

Did you know every minute you spend in a power shower, you end up using upto 17 litres of water? Why not set a timer on your phone to keep your shower short, sweet and water efficient!

Switching to an efficient shower, allow you to lather up in less water, which means you will save water. You can also cut water wastage by watering plants manually instead of sprinkles.

YASHWANT SINGH (IX- I)

## ARMY

Indian Defence Forces are the military forces of the Republic of India. They consist of three professional uniformed forces: Indian Army, Indian Navy and Indian Air force. Did you know? Indian Defence Forces are the world's ninth largest employer by number of employees.

Indian Defence Forces are under the management of the Ministry of Defence (MOD) of the Government of India. Indian Army is the land based branch and the largest component of Indian Defence Forces. The President of India is the Supreme Commander of the Defence Forces.

It is commanded by the Chief of Army Staff (COAS) who is a four star general.

Two officers have been conferred with the rank of Field Marshal, a five star rank, which is a ceremonial position of great honour.

Indian Army originated from the armies of the East India Company, which eventually became the British Indian Army and the armies of the Princely States, which finally became the National Army after independence.

**RASHI SHARMA (XII ARTS A)**

## OUR FUTURE

Have you all ever wondered why few students don't like studies or they feel sleepy while studying? The reason is because their base was not so strong when they were in Kindergarten or KG. They might not cope up with the studies. The fact is that they lose their interest in their studies and start bunking classes.

When the students do not study, they start being negative minded and start doing wrong things. Let me tell you that our future depends on these studies. Many students get the right guidelines and they grow up to become sincere students and complete their goals.

**SHRUTI AHIRV (VIII D)**



## PICNICS AND EXCURSIONS



## CONFIDENCE

Confidence has a common meaning of a certainty about having something, such as work, family, social events or relationship. Some have ascribed confidence as a state of being certain either that a hypothesis or prediction is correct or that a chosen course of action is the best or more effective. Confidence comes from a Latin word “feder” which means to ‘trust’.

Therefore, having a self confidence is having trust in one’s self. Arrogance or hubris in this comparison is having unmerited confidence believing something or someone is capable or correct when they are not.

Overconfidence is excessive belief in someone, succeeding, without any regard for failure.

HARSHIT SINGH (IX E)

## MISSING SOMEWHERE

Having many kith and kin, but still isolated somewhere.....

Achieved much, but still trying to achieve more somewhere.....

Spending the whole day in pleasure, but still sad somewhere.....

Surrounded by a huge crowd, but still desolated somewhere.....

Soaring high with much prosperity, but still lacking somewhere.....

APOORVA (VII G)

## WOMEN EDUCATION

India is the second largest country in the world so far as population is concerned. But so far as education is concerned, it is a backward country. In past, women did not have any education at all. They were not allowed to come out of their respective areas. Domestic works were their only education.

During the British rule in India some noble social thinkers of the time paid their attention to the education of women in our country. Raja Ram Mohan Roy and Ishwar Chandra Vidyasagar were famous reformers who gave emphasis on the education of the women. They put forth a very strong argument. Man and woman are like the two sides of a coin. Without one, the other cannot exist. They help each other in every sphere. So education should be given to both equally.

Further, women are the mothers of the future generations. If women are educated, the future generations will be educated. A Greek warrior once said, 'Give me a few educated mothers; I'll give you a heroic race'. An educated woman can solve all her problems without taking help.

Very often, the working man of some families becomes handicapped in unfortunate accidents. In that situation, the complete burden of the family rests on the woman of the families.

To meet this exigency, women should be educated and they should be employed in different fields. Women can work as doctors, teachers, lawyers, administrators etc. Educated women are good mothers.

Education of women can be helpful in eradicating many social evils such as dowry, unemployment, child labour etc. If we have educated women, social peace can easily be established.

**AMULYA JEFF (XI SC B)**

## PARENTS

A tree holds its leaves together,  
A kangaroo holds its jill together,  
A hand holds its fingers together,  
Similarly, a mother cares and  
A father cures us altogether.  
This is what parents do forever.

Whenever we cry,  
Wherever from, they come. Problems  
become peer, they make them disappear.  
Problems become weaker, they make them  
over,  
This is what Parents do forever. When they  
are close,  
It feels great,  
They believe in us  
And become our soul mate.  
Once gone, they are still there. Making us  
cry with warm tears  
But believe me 'O' dear  
They don't want it forever.

VIBHOR SHARMA (XII SC B)

## A DREAM IN YOUR HEART

A dream is your door to tomorrow  
A secret reflection of you  
A threshold leads to a wonderful future  
Where nothing is too good to be true  
A dream is a beautiful vision  
That looks beyond what you can see.  
That lifts you and guides you  
To help to be all you can be ....  
A journey is a doing adventure  
A journey to carry you far  
With a dream in your heart  
You can reach any star.

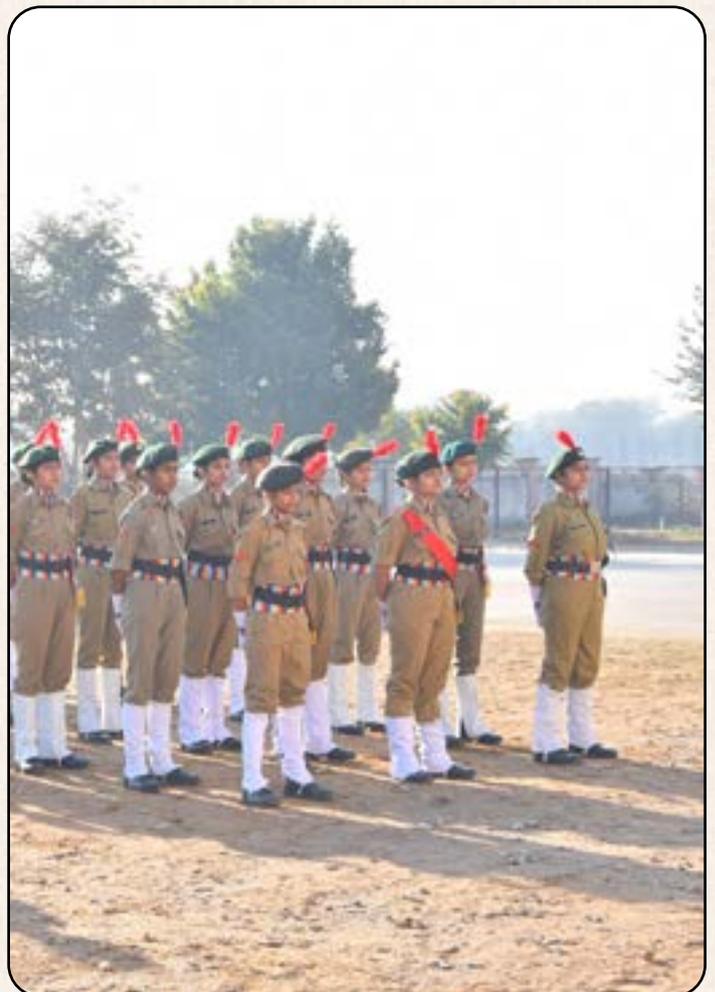
MONIKA GURJAR (IX D)

## EXAMS

Exams are near ,  
It's time to fear  
No television,  
But only mission  
To get good marks.  
And not just pass.  
My Physics is weak.  
English is on the peak.  
Maths gives me tension.  
Hindi needs perfection.  
History is boring.  
Geography is scoring.  
Science is full of experiment.  
And civics is full of political elements.  
All my subjects are indeed very tough.  
But I like exams very much.

HITESH RAMELA (XII COM)

# PATRIOTIC FERVOUR



## HEALTH AND FITNESS

Now a days people have been so busy in their hectic life style and don't have time to keep themselves healthy or stay fit. It is a fact we must eat healthy, practise cleanliness and involve in daily physical exercises in order to remain healthy and fit. As we know that there is no alternative to hard work, in the same way there is no alternative to the health and fitness. We need to eat healthy food and take physical exercise on daily basis in order to remain physically healthy. However, we need to think positive to remain mentally healthy. We need to get self motivated as well as the matter of everyday routine. Being fit should be our first aim of living a healthy life style. It doesn't require exercising for hours, just a small amount of healthy food on daily basis is enough to maintain the health and fitness. We should keep eyes on stairs instead of elevator.

Use cycle instead of car or bike for near by areas, walk to the next bus stop etc to create a really big difference. Being involved in daily physical exercises not only keeps us fit but also improves life style and healthy living. It increases our energy level along with confidence level.

SHRUTI TYAGI (XII SC B)

## APS- MY PRIDE

APS is my pride,  
Teachers are my guide.  
So I have become bright,  
Like a shining light,  
To be in the class is a delight,  
Oh! What a lovely sight.  
The place where I spend my day,  
The place where I read and play,  
The place that shows me the right way.  
It is my school,  
ARMY PUBLIC SCHOOL.

PURVA (IV D)

## I THINK I CAN

I can keep on working, Until a task is through,  
And I enjoy taking pride, In all the things I do.  
I can adjust when things, Don't go as planned,  
And I can ask for help,  
When I don't understand.  
I can I can I think I can, I can I can I can,  
I can I can I think I can, I can I can I can.

SAMEEKSHA (VII E)

## I LOVE MY ARMY PUBLIC SCHOOL

Like Satellites are many, but the Moon is only one,  
Schools are many but my Army Public School is only  
one.

Like diamonds are many but Kohinoor is only one,  
Like leaders are many but Mahatma Gandhi is only one;  
Schools are many but my Army Public School is only  
one.

Like cities are many but Jaipur is number one  
Like rivers are many but the Holy Ganga is only one;  
Schools are many but my Army Public School is only  
one.

Like planets are many but the Earth is only one,  
Like stars are many but the Sun is only one;  
Schools are many but my Army Pubic School is only one.  
Like nations are many but my India is only one,

Like relations are many but that of a mother is only one;  
Schools are many but my Army Public School is only  
one.

SUMAN (XII COM)

## WOMEN EMPOWERMENT

Women Empowerment implies the ability in women to  
take decisions with regard to their life and work.

Women Empowerment is the much talked about issue.  
Today, women are increasingly getting empowered to  
decide the course of their life and professions and realize  
their fullest potential.

Women empowerment has become the buzz word today  
with women working alongside men in all spheres. They  
profess an independent outwork.  
They are increasingly gaining control over their lives and  
taking their own decisions, career profession and life  
style.

With steady increase in the number of working, they  
have gained financial independence which has given  
them confidence to lead their own lives and build their  
own identity.

KAJAL KUMARI (X B)



## GLIMPSES OF ACTIVITIES



## AN ELEPHANT

An elephant is  
big and fat;  
He walks about  
This way and that;  
The way his trunk sways from side to side,  
And gives us all,  
A jolly good ride.

DAKSH SHARMA ( IV B )

## A REASON TO SMILE

The precious expression in human that lies;  
No doubt, no wonder is SMILE. One has to give  
out a sweet and honest smile;

Just to make someone smile for a while.  
Smile gives encouragement when you are low,

It gives you hope and makes you glow.  
Smile a lot, it costs nothing but wins every heart.

SCALY SHARMA (VI D)

## TEN COMMANDMENTS

Use	“WE”
Kill	“EGO”
Give	“SMILE”
Avoid	“I”
Ignore	“RUMOUR”
Value	“LOVE”
Achieve	“SUCCESS”
Distance	“JEALOUSY”
Acquire	“KNOWLEDGE”
Build	“CONFIDENCE”

RAKSHIT (X)

## MOON COUNT

Planets	Number of moons
Mercury	00
Venus	00
Earth	01
Mars	02
Jupiter	63
Saturn	34
Uranus	13
Neptune	03

MEENAL (VIII B)

# LET US LAUGH

**Teacher:-** Why are you late ?

**Student :-** Because of the sign on the road.

**Teacher :-** What is it ?

**Student :-** The sign says , There is a school ahead.  
Slow down.

**Teacher :-** How can we get some clean water ?

**Student:-** Bring the water from river and wash it.

**Teacher :-** Why have you brought a ladder to school ?

**Student :-** Because I wanted to go to high school.

SIDDHI YADAV (VI H)

Why do we write 'etc.' at the end of the exam ?

Because it means

E – End of

T – Thinking

C – Capacity

**Teacher :-** What is your date of birth ?

**Suleman :-** October 13th.

**Teacher :-** Which year?

**Suleman :-** It is every year.

NAMAN SINGH (IV E)

Maths teacher was teaching mathematical conversions.

**Teacher:-** If 1000 Kgs = 1 Ton

Then for 3000 Kgs:-How much?

**Sunita :-**Ton! Ton! Ton!

VISHAL (VF)

**Wife :** Have you ever thought if I had married to someone else?

**Husband:** No, never thought bad of anyone else.

Ramesh and Mahesh failed eighth time in class 8.

**Ramesh:** Let's commit suicide.

**Mahesh:** Have you gone crazy? In the next birth we have to start from class 1.

**Husband to wife:** let's go and eat outside today.

**Wife :** OK.

**Husband:** Ok, I am sitting outside the home and waiting for your delicacies.

SHAILENDER BHASKAR (IX I)



## GLIMPSES OF ACTIVITIES



## TREES

The banana tree has the largest of leaves  
The people quiver in the breeze  
The coconut grows up straight and tall  
The neem tree fruits are very small  
The coconut grows up straight and tall  
The tamarind gives us pleasant shade  
The dates leaves are as sharp as a blade  
The teak trees give us useful woods  
The mango tree gives us fruit that is good.

JIGYASHA (VI H)

## TIMES

There were times I was sad,  
There were times which were really bad.  
There were crazy ups and downs, Times with  
tears and furious frowns. When I look back to  
those days,  
I remember they were an endless maze.  
I hated those people and always will,  
Taunts and scolding were a daily drill.  
I won't go back to them in my life forever,  
I will just go away, forever and ever. Then, days  
won't be bad,  
And I'll be glad.  
My happiness will reflect,  
That my life is perfect.

SOHAN GHOSH (IX D)

## SEVEN SECRETS OF SUCCESS

Roof said: Aim High.  
Ice said: Be Cool.  
Clock said: Every Minute is Precious.  
Mirror said: Reflect Before You Act  
Window said: See the World.  
Calendar said: Be up to Date.  
Door said: Push Hard to Achieve your  
Success.

NAMAN SHARMA (VI A)

## AMAZING FACTS

The average human brain weighs about 3  
pounds.  
The octopus doesn't have blind spot.  
The average duration of a single blink is 0.1-0.4  
seconds.  
The human brain has several hundred trillion  
synaptic connections.

TANISHA (IX I)



**SWACHH BHARAT ABHIYAN**





**SWACHH BHARAT ABHIYAN**



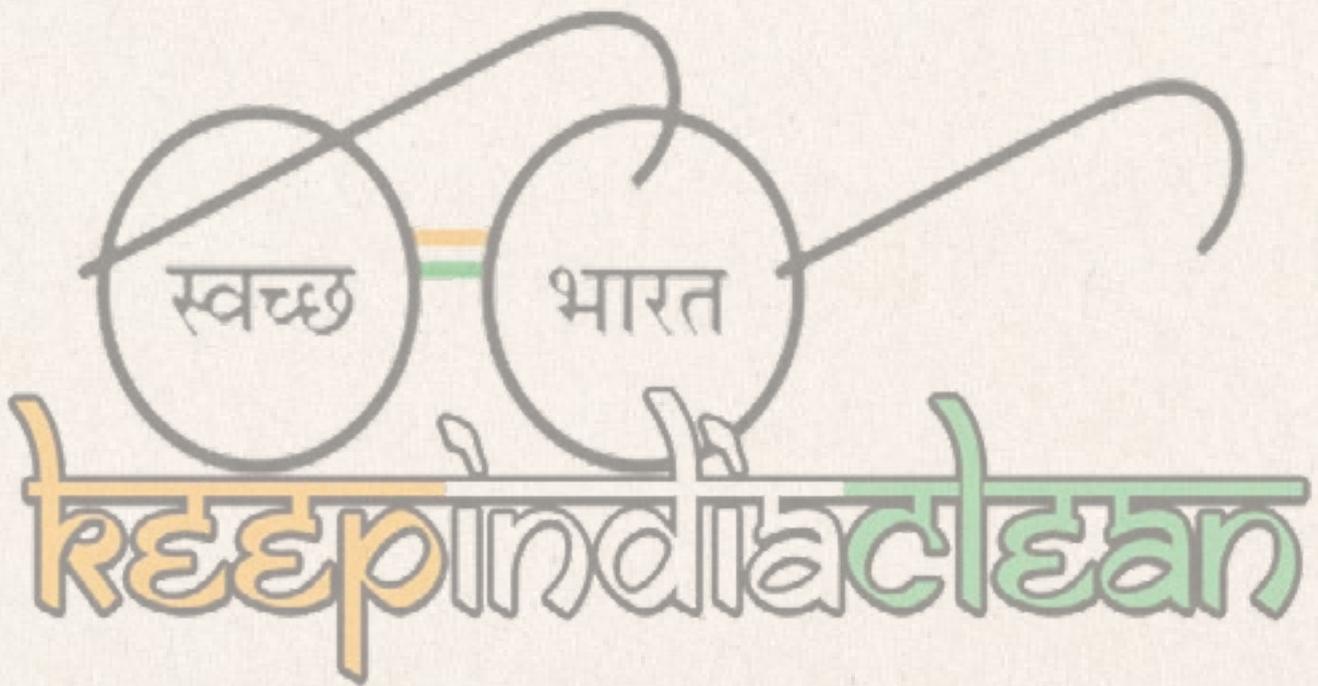
# Swachh Bharat Abhiyan

Swachh Bharat Abhiyan was organised in our School on 01 October 2019. The main purpose of the cleanliness drive was to spread awareness among the children regarding cleanliness and its benefits.

Our aim through this drive was also to inculcate a sense of responsibility among the children and staff of our school.

Under this programme, children from classes IV to XII participated along with the teachers and sweepers. Some were carrying brooms, others were throwing the garbage in the dustbin.

Everyone assembled at Rajendra Chowk and cleaned the area around the Shopping Complex, raising slogans and singing the 'Swachh Bharat Abhiyan' song.





**SWACHH BHARAT ABHIYAN**





## SWACHH BHARAT ABHIYAN



# *Student Council Senior Wing (2019-2020)*

**SOARING HIGH IS OUR NATURE**



**Standing (L to R):** Master Rupendra Singh(House Captain- Subhash House), Miss Kiran Choudhary(House Captain- Tilak House), Miss Komal Shekhawat(Sports Captain), Master Himanshu(Cultural Head), Master Amit Choudhary (Discipline Head), Miss Mamta(Editorial Head), Master Shubham Singh( Head Boy), Miss Pratiksha Lamba( Head Girl), Master Aman Choudhary (Editorial Head), Miss Navya(Discipline Head), Master Hitesh Chauhan (Discipline Head), Miss Shruti Tyagi(Cultural Head), Master Garvit Pratap Singh( Sports Captain), Miss Annu Choudhary (House Captain- Nehru House), Miss Saloni Shekhawat(House Captain- Gandhi House).

# *Student Council Primary Wing*

## *(2019-2020)*

### SOARING HIGH IN OUR NATURE



**Standing (L to R):** Miss Saloni Singh(House Captain- Subhash House), Miss Nandini Dara(House Captain- Tilak House), Miss Karina(Sports Captain), Master Yuvraj(Cultural Head), Miss Shreya Smruti(Discipline Head), Miss Nirja(Editorial Head), Master Mehul Poonia(Head Boy), Miss Ritika(Head Girl), Master Akhil(Editorial Head), Master Garva(Discipline Head), Miss Anisha(Cultural Head), Master Vineet(Sports Captain), Miss Radhika(House Captain- Gandhi House), Miss Riya Shekhawat(House Captain- Nehru House).

# HEAD BOY SPEAKS (2019-2020)



There would be no exaggeration in saying that this temple of learning, '**Army Public School, Jaipur**' is a pilgrimage to me and writing about my journey in this School, from a four and half year old boy to the Head Boy of the School seems like looking from the top of a long staircase with each step an evidence of the journey towards a successful life. Journey from the day one, I entered the School Gate, apprehensive, timid and shy.

The days when I used to sit on hexagonal benches. The day when I discovered my Public speaking skills and grabbed first position in South Western Command Inter APS Debate Competition, the day when I was given the responsibility of the Vice Head Boy.

And then, the jubilant day on which I was vested with the responsibility of being the Head Boy of this privileged institution.

I feel short of words to express my emotions, my gratitude to the worthy Principal and the invigorated teachers who inculcated such outstanding qualities and capabilities in me that played a vital role in turning myself into a sanguine, bold, thoughtful and effulgent leader that I feel confident to discharge my duty as the Head Boy of such an elite institution which excels in every field be it in academics, sports and co- curricular activities. I am indeed thankful to all my fellow mates and juniors for putting faith in me.

Giving back is the most rewarding experience and as I have been honored with the opportunity to work for the School, I promise to work with clarity of mind, purity in heart & dynamism in action. I vow to serve the School whole-heartedly as I always thought of my School as **GLORIOUS ARMY PUBLIC SCHOOL, JAIPUR.**

**YESTERDAY- TODAY - TOMORROW.**

- **Master Shubham Singh** (Class XII Sc B)

# HEAD GIRL SPEAKS (2019-2020)

*'Leaders become great not because of their power but because of their ability to empower others'.*



In the eight year old relation which I have cherished with my School, Army Public School, Jaipur. I have been nourished to blossom and become a person with a clear thought process and a voice with the understanding of occasions to use it. Here in APSJ, countless values are imbibed in each student.

Down the years whenever I used to see my seniors being elected as members of the students' council, it would really drive a desire deep within my heart to one fine day see myself standing at that coveted position. In my endeavor to fulfill my desire to hold the esteemed position of the Head Girl and to hold high the glorious flag of the institution, I express my gratitude to the enlightening and enabling visions of the School Management, our worthy Principal and the untiring teachers for grooming my personality, boosting up my confidence, believing in my potential, giving me such

moral and spiritual values which have polished me and shaped me to become worthy of being the Head Girl of this prestigious institution.

To be appointed as the Head Girl of Army Public School, Jaipur is definitely a blessing as well as a great honour. For me, it brings both a sense of pride and responsibility to serve this glorious School with utmost elation and affection. I realize that being Head Girl is not a race about trying to be better than anyone else. Being Head Girl is all about the trust. Having the trust of my School and schoolmates; to represent them whenever called upon. I do not want my crown on my head, rather than I want it in each and everyone's heart.

I assure you all to shoulder the responsibility bestowed on me with full enthusiasm, liveliness and wisdom. And I solicit the co-operation of all my schoolmates to keep our school's banner flying high up in the sky, mounted with love and hoisted with grace and dignity.

**-Miss Pratiksha Lamba (XII Arts A)**

# हिंदी विभाग



## चाय पर चर्चा

दोस्तों की बैठक में मुद्दा था मजबूर और मजदूर का सो अंगीठी पर चाय सुलगती रही और ओठों पर चर्चा बात यूँ चली. एक मित्र बोले.. न रहने को ठौर है इनके, न घर जाने का ठिकाना.. मुश्किल है यूँ तिल-तिल मरके एक-एक दिन बिताना.. बात यूँ बढ़ी.. दूसरे मित्र बोले काधे पर झोला टांगे कितने ही अभागे शहरों में.. सरकारें पड़ी हैं बेसुध अपने-अपने महलों में.. हरेक वाक्ये के साथ जुबां पर घूँट चढ़ते गए, चर्चाओं के दौर में मुद्दे प्याज के भाव जैसे बढ़ते गए.. जो चलें थे मजदूर से, पहुँचे मोदी जी और योगी पे वहाँ भी मन भर गया तो फिर कोरोना के रोगी पे.. कुछ पल पहले प्यालों में चाय मसालों की भरी थी, देखते ही देखते उनमें खुदबुदाहट राजनैतिक मसलों से भरी थी.. ये क्या...!! किस्से अभी बाकी हैं और चाय खत्म.. ये तो शुरुआत है कुरेदने है बाकी कई और जख्म.. यूँ एक एक प्याले चाय के और ऑर्डर किए गए फिर कुछ घड़ी चर्चे इंडो-पाक बॉर्डर के छिड़ गए.. लिपुलेखा, अर्थव्यवस्था, अमेरिका, स्वदेशी, वुहान सबको घसीटा किशतों में हमने अपनी रेलमपेल में.. फिर सोचा जब सब अपने-अपने घरों में हैं तो बेचारा ललित मोदी क्यों बैठा है जेल में.. रिपोर्टर मित्र चाय को गटकते हुए बोले देखना कल ये वाकया भी अखबार में छपेगा, खबरों का सिलसिला खूब आगे चलेगा.. फिर संध्या समय सूर्यदेव आसमां से ढलने लगे, छह बजते ही कर्फ्यू के भय से हम भी घरों को चलने लगे..

प्रेरणा गुप्ता  
(प्रशिक्षित स्नातक शिक्षिका)

## एकता में बल

एक दिन आसमान के नीचे बैठी थी अकेली ... शायद कुछ सोच रही थी या प्रकृति की सुंदरता निहार रही थी ... अचानक पक्षियों के झुरमुट ने मुझे पुकारा ... सब यही मिलकर गीत गा रहे थे , आओ सब मिलकर रहें नामुमकिन को मुमकिन करें ... एक दिन नदिया के पास बैठी देख रही थी , पानी से कुछ आवाज़ थी आती ... लहरें थीं एक गीत सुनाती , हमसे सीखो मिलजुलकर रहना ... चट्टानों से टकराए हम , फिर भी ना घबराए हम ... एक दिन बगीचे में बैठी कुछ सोच रही थी ,

फूलों की सुंदरता निहार रही थी ... अचानक फूल लगे कुछ कहने , अकेले हैं तो शान नहीं है , सूखा है तो मान नहीं है ... संग रहने से बनता गुलशन , फूल मिले तो यही मधुबन ... हवाएँ यह संदेश है लाती , नेहरू का पैगाम पहुंचाती ... सदा रहो तुम मिलजुलकर , मिलकर रहो तो अच्छा कल ... मिट्टी का कण - कण ये कहता , एकता में ही बल रहता ।

निशा कुमारी

(IX H)

## जीवन का सत्य

ब्रह्म बीज तत्व है, वही त्रिलोकसत्त्व है..  
शरीर मात्र पुतला है, पंचतत्व सशक्त है..  
कंठ में विराजती सरस्वती सत्य है,  
ब्रह्माण्ड में विकसती प्रकृति ही तथ्य है..  
भूत भव ढकोसले है, मात्र वर्तमान शाश्वत है..  
चित्त गर दृढ़ हो तो जानकी - तृण भी पाशुपत है..  
पुष्प, पल्लव, फल मात्र बीज का चरित्र है,  
उपकार पथ पर अग्रसर सकल वृक्ष ही पवित्र है..  
नीति, समर्पण, कर्तव्य पथ पर चलते शिवि हो या कर्ण  
चक्षु में हो भक्ति दीप्ति तो शबरी से श्रीराम कैसे पूछे वर्ण  
वीणा तंतु पर नाचते अंगुलपोरों से वो झंकृत है  
अन्यथा बिन सृष्टि के वीणा भी मृत है ,  
आकाश, पाताल और चराचर बनाते जिसे ऋत है  
सकलता के अभाव में वह पृथ्वी मात्र वृत है  
जीवन एक छल है, प्रवृत्ति प्रबल है  
नियति को रौंदते स्वेद - रक्त ही सबल है  
अशांति पथ का त्याग कर जीवन की साधना

## सुविचार

विचारों को वश में रखिए , "वो तुम्हारे शब्द बनेंगे" ...  
शब्दों को वश में रखिए , "वो तुम्हारे कर्म बनेंगे" ...  
कर्मों को वश में रखिए , "वो तुम्हारी आदत बनेंगे" ...  
आदतों को वश में रखिए , "वो तुम्हारा चरित्र बनेगा" ...  
चरित्र को वश में रखिए , "वो तुम्हारा भाग्य बनेगा"

अदिति

(X A)

## नन्हें पर का पंछी

मैं नन्हें परों का पंछी हूँ  
नन्हें नन्हें मेरे पैर  
नन्ही-सी मेरी दुनिया है  
जिससे करता मैं अनुपम प्यार  
इस नन्हें मन में उठता रहता  
जग-जीवन का संचार  
गाता गीत खुशी से तन-मन  
मानवता-ममता का अद्भुत  
उपहार  
देश, राष्ट्र, परिवार जोड़ना  
मेरे जीवन का है आधार  
अपने वतन को करता मैं  
प्राणों से भी अधिक प्यार  
मातृभूमि की महिमा गाता  
मेरा छोटा-सा परिवार  
करता रहूँ नित रक्षा इसकी  
यही प्रार्थना बारंबार ॥

नक्षत्र शर्मा

(X B)

## दोस्ती

कुछ सालों बाद यह पल याद  
आएँगे, जब हम अपने - अपने  
मुकाम पर पहुँच जाएँगे,  
अकेले जब भी होंगे, साथ गुजारे  
हुए लम्हे याद आएँगे,  
पैसे तो बहुत होंगे शायद, पर  
खर्च करने के लम्हे कम हो  
जाएँगे,  
आज ज्यादा मैसेज आने पर  
गुस्सा आता है, कल एक-एक  
मैसेज के लिए तरस जाएँगे,  
एक कप चाय दोस्तों की याद  
दिलाएगी, फिर सोचते-सोचते  
आँखे नम हो जाएँगी,  
इन पलों का दिल खोल कर जी  
लों यारों क्योंकि जिंदगी ये पल  
नहीं दोहराएगी ।

अमन

(IX H)

# GLIMPSES OF ACTIVITIES



## एकता का सूत्र (मानवता)

जब दुनिया यह कहती है कि ...“हार मान लो”  
तब आशा धीरे से कहती है ...“एक बार फिर प्रयास कर लो”

आज हमारे मानव समाज में जो भी धर्म प्रचलित हैं, वे अपने वास्तविक उद्देश्य को पूरा नहीं कर रहे हैं। किसी भी धर्म का उद्देश्य होता है - मानव को मानव और ईश्वर के निकट ले जाना और शांति स्थापित करना पर आज धर्म हमें “एक” करने की बजाय बांट रहा है। एक धर्म ही कई हिस्सों में विभाजित है। जब धर्म खुद ही विभाजित है तो वह हमें एकता और शांति का पाठ कैसे पढ़ाएंगे। कई लोगों के लिए धर्म मात्र एक व्यवसाय बन गया है। धर्म विशेष के प्रति कट्टरता व्यक्ति को संकीर्ण बना देती है और वह सत्य को स्वीकार नहीं कर पाता। ऐसे समय में बहुत जरूरी है कि हम एक ऐसे धर्म को अंगीकार करें जो सभी धर्मों का सार हो और हमें एकता के सूत्र में बांध सके। “मानवता” ही एक ऐसा धर्म है जो इस संसार को रहने योग्य और शांतिपूर्ण बना सकता है और धर्म के वास्तविक उद्देश्य को पूरा कर सकता है।

दीपा सिंह  
(प्रशिक्षित स्नातक शिक्षिका)

## ज़िंदगी के मोड़

ये ज़िंदगी की कहानी है, बहता हुआ सा पानी है ..  
हर पल कुछ नया दिखाता है,  
कभी खशियाँ कभी मायूसी दे जाता है ...  
भर कर अपने अंदर खशी को, हर गम से सीखते चलो ...  
जो गिर गए तो क्यों हुआ, उठकर फिर आगे बढ़ो ...  
जब काले घने अंधेरों में भी, तम डूँढ लोगे रोशनी ...  
उस दिन हर गम हारेगा, और जीतेगी तो बस खुशी।

मनीषा गुर्जर  
(X H)

**लॉकडाउन**  
( एक लक्ष्मण रेखा )

सबने पहली बार किया है ...  
नारी ने तो सदा से ही लॉकडाउन जीया है ...  
उसे रत्ती भर फर्क नहीं पड़ता - कौन सा होटल बंद और कौन  
सा बाज़ार खुला है ...  
उसके लिए जो लक्ष्मण रेखा खींचते आए हो सदियों से ...  
सबने शायद पहली दफा इसे महसूस किया है ।

**दीपा सिंह**  
(प्रशिक्षित स्नातक शिक्षिका )

**अर्थ जब खोने लगे**

अर्थ जब खोने लगे , शब्द भी रोने लगे ।  
जब वो आदमकद हुए सब , उन्हे बोलने लगे ।  
ज़ख्म न देखे गए जब , अश्रु से धोने लगे ।  
एक जज़्बा था अभी तक , आप तो छूने लगे ।  
कब तलक ये ख्वाब देखूँ , सपने सच होने लगे ।  
कब कहानी मोड़ ले ले , अंत नजदीक आने लगे ।

**वंदना कुमारी**  
(X H)



**JOY OF SHARING**  
**CELEBRATIONS OF DUSSEHRA WITH THE STUDENTS**  
**OF ASHA SCHOOL AND DISHA SCHOOL**







**GRANDPARENTS'  
DAY**







MOTHER'S  
DAY





# संस्कृत विभागः



कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।  
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥

## सदाचारः

सताम् आचारः सदाचारः इति कथ्यते । सज्जनाः यथा आचरन्ति तथैव आचरणं सदाचारो भवति । ते सर्वेः सह शिष्टतापूर्वकं व्यवहारं कुर्वन्ति । तेषु सत्याचरणं, विनयः, अक्रोधः, क्षमा, धर्माचरणमित्यादयः सद्गुणाः दृश्यन्ते । सदाचारस्य सत्तयैव संसारे जनः उन्नतिं करोति । देशस्य, राष्ट्रस्य, समाजस्य, जनस्य च उन्नत्यै सदाचारस्य महती आवश्यकता वर्तते । सदाचारेणैव जनाः ब्रह्मचारिणो भवन्ति । सदाचारेणैव शरीरं परिपुष्टं भवति । सदाचारेण बुद्धिः वर्धते । सदाचारेणैव मनुष्यः सत्यभाषणम् अन्यच्च सत्कर्म कर्तुं प्रवृत्तो भवति । अतएव पूर्वं महर्षिभिः आचारः परमो धर्मः इत्युक्तम् । संसारे सर्वत्र सदाचारस्यैव महत्वं दृश्यते । ये सदाचारिणो भवन्ति, ते एव सर्वत्र आदरं लभन्ते । वेदरामायणमहाभारतेश्वपि सदाचारस्य महिमा वर्णिता वर्तते । सदाचाराभावेनैव चतुर्वेदविदपि रावणो राक्षस इति कथ्यते । अतः सर्वेः जनैः स्वोन्नत्यै सदा सदाचारः पालनीयः ॥॥॥

जुबेर

(VII D)

## नीतिश्लोकाः

उदयमेन हि सिद्ध्यन्ति कार्याणि न मनोरथैः ।  
न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः ॥  
अर्थ - उदयोग से कार्यो की सिद्धि होती है, केवल मनोरथों से नहीं । सोते हुए सिंह के मुख में मृग स्वयं प्रवेश नहीं करते हैं ।  
यथा बीजं विना क्षेत्रमुप्तं भवति निष्फलम् ।  
तथा पुरुषकारेण विना दैवं न सिद्ध्यति ॥  
अर्थ - जैसे खेत में बोए बिना कोई भी बीज फल नहीं दे सकता है वैसे ही पुरुषार्थ के बिना भाग्य सिद्ध नहीं होते हैं ।  
योजनानां सहस्रं तु शनैर्गच्छेत्पिपीलिका ।  
अगच्छन्वैनतेयोऽपि पदमेकं न गच्छति ॥  
अर्थ - चलती हुई चींटी हजार योजन दूर तक निकले जाती है । न चलता हुआ गरुड़ भी एक पग नहीं जा सकता है ।  
क्रोधो हि शत्रुः प्रथमो नराणां, देहस्थितो देहविनाशनाय ।  
यथास्थितः काष्ठगतो हि वह्निः स एव वह्निर्दहते शरीरम् ॥  
अर्थ - मनुष्यों के शरीर का विनाश करने के लिए पहला शत्रु शरीर में ही स्थित क्रोध है । जिसे प्रकार काष्ठ के अन्दर स्थित अग्नि काष्ठ को ही जला देती है, उसी प्रकार शरीर में स्थित क्रोध शरीर को ही जला देती है ॥

शुभम

(VIII H)

## श्रीभगवद्गीता

श्रीभगवद्गीता संस्कृतसाहित्यस्य सर्वोच्चं गौरवभूतं समुज्ज्वलं रत्नमिवास्ति । महाभारतस्य युद्धे अर्जुनं तस्य कर्तव्यबोधनार्थं भगवता श्रीकृष्णेन यः उपदेशो दत्तः, स एव श्रीमद्भगवद्गीता इति नाम्ना प्रसिद्धोऽस्ति । इयं गीता न केवलं सर्वासामपि उपनिषदाम्, अपितु श्रुतिनाम् अपि सारतत्वं प्रस्तौति । गीतायाः गौरवं सर्वैः विद्वद्भिः स्वीक्रियते । अस्याः अनुवादः सर्वासु भारतीय भाषासु प्रमुखासु च विश्वभाषासु संजातः । इयं गीता सर्वोपनिषदा सारः खलु । गीतायां भगवता कृष्णेन सर्वमपि मनुष्यस्य आवश्यकं कर्तव्यं प्रतिपादितमस्ति । अस्मिन् पुस्तके कथितं यत् अयमात्मा अजरो अमरश्चास्ति । नायं जायते न च म्रियते । मानवः स्वकर्मानुसारं पुनर्जन्म प्राप्नोति । कर्मानुसारं म्रियते च । मनुष्यैः सदा निष्काम-भावनया कर्म करणीयम् । कर्म कदापि न त्याज्यम् । गीतायाः महत्त्वमिदं दृष्ट्वा एव इयं सर्वेभ्यः जनेभ्यः सर्वाधिकं रोचते ।

मोनिका  
(VIII E)

## दूरदर्शनं

इदानीम् मानवजीवनस्य प्रत्येकस्मिन् क्षेत्रे विज्ञानस्य प्राधान्यं वर्तते । दूरदर्शनाविष्कारेण तु मानवाः अति प्रभावितः । वर्तमानसमये कोऽपि युवा युवतिर्वा दूरदर्शनं विना जीवनं यापयितुं न शक्नोति । न केवलं नगरेषु अपितु ग्रामेष्वपि अस्य प्रभावः परिलक्ष्यते । इदं दूरदर्शनं न केवलं मनोरञ्जनस्य साधनं अपितु ज्ञानवर्द्धकमपि वर्तते । दूरदर्शनमधुना जीवनस्य अभिन्नमंगं वर्तते । दूरदर्शने प्रातः कालादारभ्य मध्यरात्रिर्यावत् विविधकार्यक्रमा चलन्ति । वर्तमानसमये न केवलं संगीतानि अपितु भजनानि, विविध धारावाहिकाश्च वयं दूरदर्शने पश्यामः । लोकसभा, राज्यसभायाश्च कार्यक्रमाणां प्रसारोऽपि दूरदर्शने वयं पश्यामः । एवं युवकयुवतीनां बौद्धिकविकासाय दूरदर्शनस्य महती भूमिका वर्तते । अस्य आविष्कारस्य सर्वैः सदुपयोगः करणीयः ।।।।।

अनिकेत  
(VI A)



# SPORTS DAY





## महाकवि कालिदासः

अस्मिन् संसारे न कोऽपि देशो प्रान्तो वा विद्यते यत्रत्याः जनाः कालिदासं न विदन्ति । भारतीयेषु कविषु, कालिदास एव भूयसी कीर्तिमलभत ।  
आनन्दवर्धनाचार्यः कालिदासं महाकविमाह । प्रसेन्नराघवस्य कर्ता जयदेवस्तं 'कविकुल गुरुः कालिदासो विलासः' अकथयत् ।  
कविकुलगुरुर्महाकविकालिदासः संस्कृत-साहित्यस्य अद्यावधि कनिष्ठिकाधिष्ठितः कविकस्ति । कालिदासविरचित ग्रन्थेषु रघुवंश कुमारसंभवञ्चेति द्वे महाकाव्ये, मेघदूत ऋतुसंहारमिति खण्डकाव्यद्वयम् । मालविकाग्निमित्रं विक्रमोर्वशीयं अभिज्ञानशाकुन्तलादीनि त्रीणि नाटकानि । एषु ग्रन्थेषु रघुवंशमहाकाव्यं यथा चरित्रं वर्णनदृष्ट्या गौरवान्वितं स्वीक्रियते,  
तथैव अभिज्ञानशाकुन्तलं नाम नाटकं समस्तेऽपि नाट्य साहित्ये सर्वोत्कृष्टं स्थानं लभते । कालिदासस्य समग्रसाहित्यं प्रसादगुणवैदभीरीत्या संवलितं वर्तते । उपमा क्षेत्रे तु कालिदासः अद्वितीयः कविरस्ति । संस्कृतसाहित्ये "उपमा कालिदासस्य" इत्युक्तिः प्रसिद्धा वर्तते ।।।।।

रीया रावत  
(VI B)

## कोरोना पुराणम्

कोरोना कालो यम् । श्रुतम् इदं कृष्णशिरसः मानवः अस्यां धरायां सर्वाधिकः भयङ्करः भवति, किन्तु अदृश्य क्षुद्रजीवः मानवजीवनस्य कृते घातकः इति प्रतीयते । भयात् जातः गृहान्ते एकान्तवासी, ध्यानमग्नः तुन्दिलश्च मानवः, बुद्धं शरणं गच्छामि इति मत्वा गृहवासी अपि जातः । हर्षस्य विषयो यम् बोधिस्त्वहेतुः काननम् प्रति गन्तुम् आवश्यकता नास्ति अद्य । न तु कस्यापि वृक्षस्य अधः मौनी भूत्वा समाधौ भवितव्यम् । लोकडॉउन-कारणात् मनरेवः अन्तर्मुखी जातम् । इति श्रि कोरोना पुराणम् समाप्तम् ।

मोनिका  
(IX F)

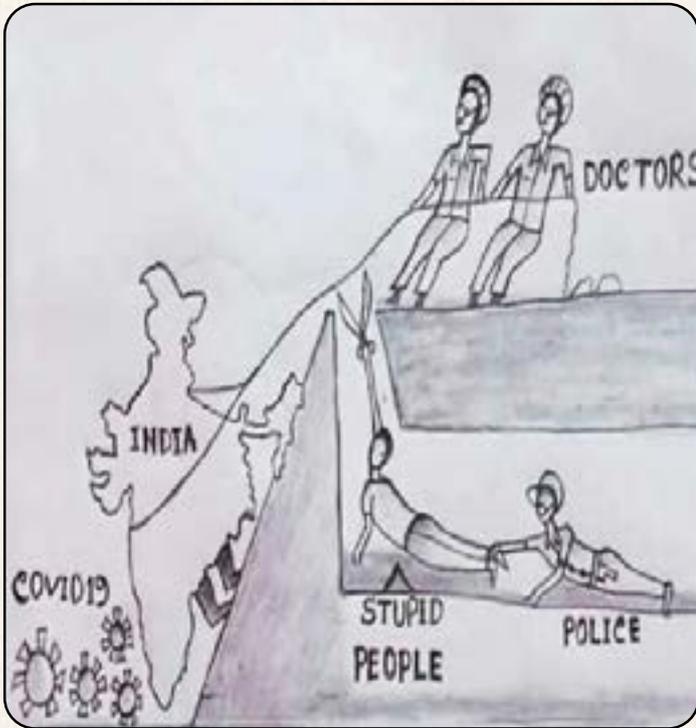
## एकविंशी शताब्दी समागता

इयम् एकविंशतिः शताब्दी  
पश्य सखे! आगता भारते।।  
श्वानो गच्छति कारयानके  
मार्जारः पर्यङ्के शेते,  
किन्तु निर्धनो मानवबालः  
बुभुक्षितो रोदनं विधत्ते।  
अचेतनाः पाषाणमूर्तयः  
वखसज्जिताः सराजन्ते,  
किन्तु दरिद्रो वृद्धोऽशक्तः  
शीते वस्त्रं विना कम्पते।।  
इयम् एकविंशतिः शताब्दी  
पश्य सखे! आगता भारते।।  
विद्यालयेषु भवनाऽभावात्  
ग्रामे तरुच्छायासु बालकाः,  
अतिवृष्टिभिः पीडिता ग्रामाः  
यदा जलौधे भृशं निमग्नाः,  
जलप्रवाहे वहन्ति पशवः  
अन्नाऽभावे रुदन्ति शिशवः।  
इयम् एकविंशतिः शताब्दी  
पश्य सखे! आगता भारते।।

अभय प्रताप सिंह

(IX E)

# CREATIONS BY OUR BUDDING ARTISTS



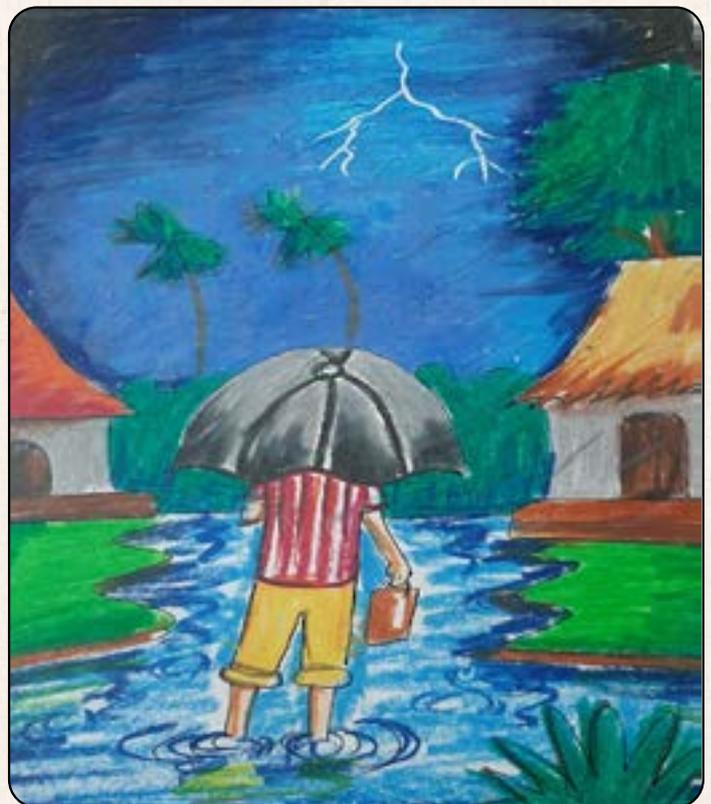
ASHUTOSH (VII H)



VAISHALI KUMARI (VI H)



VAIBHAV SAXENA (III D)



MUSKAN (IX I)

CREATIONS BY OUR  
BUDDING ARTISTS



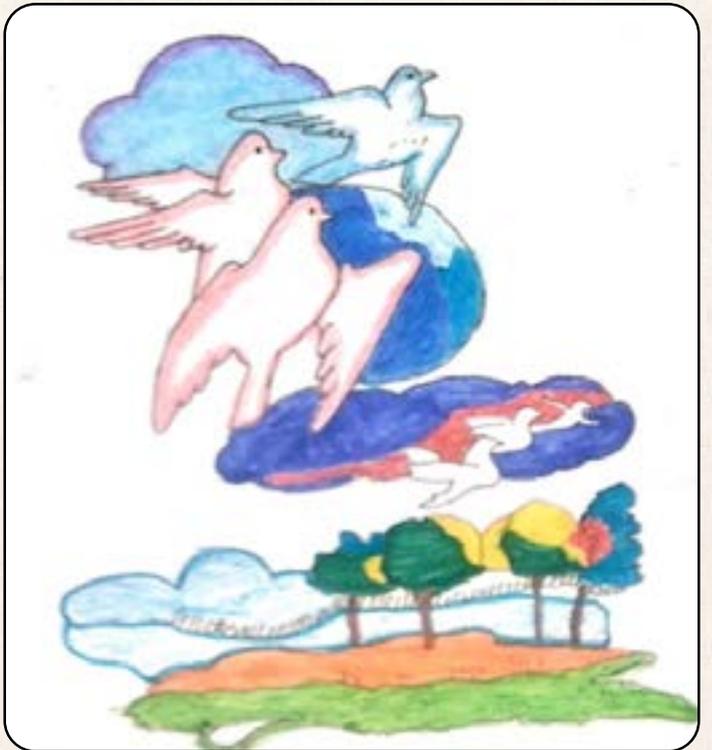
DIKSHA (VII E)



SNEHA (VII A)



KRISHNA SHARMA (XII SC B)



PARUL (VII A)

# *Adieu School Days*

To the crushes we had, and the people we adored. Farewell,

To the faded friendships, and the ones who stayed. Adios to the empty classrooms, with confessions of love inscribed on desks.

Farewell,

To the people we met, and the secrets we kept. Farewell,

To the quarrels we had, and the love we hid. Adios to the deserted corridors, which once resonated with our laughter.

Farewell,

To the classes bunked, and gossips shared. Farewell,  
To the guardians, who stood as light bearers and reservoirs of knowledge.

Adios to the memory of crowded stairways, which treasures a million anecdotes.

Farewell,

To the eyes which stole a glance, at every chance. Farewell,  
To the goodbye hugs, smiles and laughter in the campus.

Adios to all the lives nourished, and the moments lived. Goodbye,  
To the magnificent capsule of time,  
cradling the memories until eternity.

# XII Com (2019-20)



**SITTING (L TO R):** MISS YAMINI, MR SHIV OM TYAGI, MR RAVI SHARMA, MR KAMAL KUMAR (VICE PRINCIPAL), MRS GAYATRI KULSHRESHTHA (PRINCIPAL), MISS SATVINDER KAUR BRAR, MRS SEEMA AGARWAL, MISS ANISHA ARORA.

**STANDING ROW I (L TO R):** ABHINAV GAUTAM, SHEETAL SHREYANSHI, RINKU, ASHA, PRANCHAL, NAVYA, ANUSHKA, SONAM, SURBHI, KAPIL.

**STANDING ROW II (L TO R):** RUPENDRA, VIRENDRA, ROHIT, KISHAN, GAURAV, AMARJOT, YASH, HITESH, NITESH, AMAN.

## ADIEU OUTGOING CLASSES

## XII Sc A (2019-20)



**SITTING (L TO R):** MISS YAMINI, MRS SARITA MEEL, MR CL CHOUDHARY, MR KAMAL KUMAR (VICE PRINCIPAL), MRS GAYATRI KULSHRESHTHA (PRINCIPAL), MR SO TYAGI, MRS SEEMA AGARWAL, MISS NEHA KUMARI.

**STANDING ROW I(L TO R):** ANKUSH, ADITYA SINGH, DIGVIJAY, NIKITA RATHORE, SHRUTI TYAGI, NIKITA DHARIWAL, VANDANA, MADHU YADAV, YOGITA KANWAR, TAPASVINI SHEKHAWAT, DEEPANSHI SHEKHAWAT, SHAKSHI GODARA.

**STANDING ROW II(L TO R):** ANISH CHOUDHARY, ALPIT KUMAR, ABHISHEK SINGH, VIRENDER, SANJEEV, DEEPENDER SINGH, HITESH SINGH, AJEET KUMAR, GARVIT PRATAP SINGH, MORDHAJ SINGH, AVINASH YADAV.

**STANDING ROW III(L TO R):** PANKAJ KUMAR, DIVEK SINGH, PRAVEEN KUMAR, RAJAT SINGH, SANJAY KUMAR, ANKIT, ANOOP SINGH, JAYESH BHANAGAR.

# ADIEU OUTGOING CLASSES

## XII Sc B (2019-20)



**SITTING (L TO R):** MISS YAMINI, MISS SATVINDER KAUR BRAR, MR SO TYAGI, MR KAMAL KUMAR (VICE PRINCIPAL), MRS GAYATRI KULSHRESHTHA (PRINCIPAL), MR CL CHOUDHARY, MRS SEEMA AGARWAL, MISS NEHA KUMARI, MRS NITESH.

**STANDING ROW I (L TO R):** SHREYA TYAGI, PRINCY RATHOD, VIBHA, VARSHA, KIRAN CHOUDHARY, ARUSREE A S NAIR, SAKSHI SHARMA, MANU RAGHAV, SAKSHI MANE, ASHIMA YADAV, MANITA KUMARI, SANJANA NAIK.

**STANDING ROW II (L TO R):** AYUSH KATOCH, SRIDAYAL, BIR ANGAD SINGH, SAHIL, NEHA KUMARI, ANSHU, ANISHA, VASHU KANWAR, PRIYANKA KARWA, KAJOL GOTHWAL, RAJ SINGH SHEKHAWAT.

**STANDING ROW III (L TO R):** DIGVIJAY SINGH SHEKHAWAT, DEVENDRA SINGH, PRATHVI RAJ, GAURAV KR, AKASH SAINI, NITESH, DEV SWAMI, NIKHIL KUMAR TRIPATHI, MOHIT KRUMAR JAKHAR, SUMIT KUMAR

# ADIEU OUTGOING CLASSES

## XII Arts A (2019-20)



**SITTING (L TO R):** MISS YAMINI, MISS SATVINDER KAUR BRAR, MR UMMED SINGH CHOUDHARY, MR KAMAL KUMAR (VICE PRINCIPAL), MRS GAYATRI KULSHRESHTHA (PRINCIPAL), MR RAVI SHARMA, MR GOPESH JAGRAWAT, MRS RAJNI CHOUDHARY, MISS PALLAVI DIXIT.

**STANDING ROW I (L TO R):** NEHA KANWAR, TANU KANWAR, KIRAN KANWAR, DEEPTI, TANYA, RASHI SHARMA, ANITA, NEHA KUMARI, KARISHMA DODAIN, DALI SHARMA, MAMTA.

**STANDING ROW II (L TO R):** AMAN KUMAR, AMAN CHAUDHARY, BURA BAI, LAXMI, PRATIKSHA, MAHIMA, KUSHI, SHWETA, KANAK, PRATIBHA.

**STANDING ROW III (L TO R):** ARVIND SINGH, AMAN BHAL, ANKIT, YUVRAJ, CHAND SINGH, HITESH, MD. SHADAB, NAGENDRA SINGH, GAURAV, YASH DESHMUKH.

# ADIEU OUTGOING CLASSES

## XII Arts B (2019-20)



**SITTING (L TO R):** MISS YAMINI, MISS PALLAVI DIXIT, MRS SARITA MEEL, MR KAMAL KUMAR (VICE PRINCIPAL), MRS GAYATRI KULSHRESHTHA (PRINCIPAL), MR UMMED SINGH CHOUDHARY, MR GOPESH JAGRAWAT, MRS RAJNI CHOUDHARY .

**STANDING ROW I (L TO R):** JYOTI, AKANKSHA, NEHA SHEKHAWAT, ANJALI CHAUHAN, SALONI, ANNU, NITU SONI, POONAM RATHORE, RUPAL, JAGRATI, YATI, RITU

**STANDING ROW II (L TO R):** PAYAL, SHIVANI, KRITIKA, NANCY, SHITAL, SHIKHA, NEHA, REENA, MAMTA, LAXMI, PRITI, POOJA

**STANDING ROW III (L TO R):** SUMIT, VIKAS, GAJRAJ, DIVYAVIJAY, ROSHAN, DEEPAK, HIMANSHU, YUVRAJ NATHAWAT, SUDHIR, ANKIT, YUVRAJ SHEKHAWAT.

## ADIEU OUTGOING CLASSES

# XII Arts A (2020-21)

ROW : 1



ROW : 2



ROW : 3



ROW : 4



ROW : 5



**Row 1 (L TO R):** Kumari Reetu, Vaishanvi, Kunal, Vaani, Pooja, Sakshi.

**Row 2 (L TO R):** Kamlesh, Vivek, Azad, Yashashvi, Kiran, Manisha

**Row 3 (L TO R):** Mokshika, Varsha, Amit, Aashish, Mahima, Anju.

**Row 4 (L TO R):** Minakshi, Khushi, Manish, Deepika, Suman, Anushka, Priyanka.

**Row 5 (L TO R):** Bhavish, Vansh, Muskan Kanwar, Devendra, Muskan, Annu.

## ADIEU OUTGOING CLASSES

# XII Arts B (2020-21)

ROW : 1



ROW : 2



ROW : 3



ROW : 4



ROW : 5



**Row 1 (L TO R):** Satveer, Muskan Tanwar, Khushboo, Saloni, Ashish.

**Row 2 (L TO R):** Krishna, Avantika, Nikita, Paramjit, Komal.

**Row 3 (L TO R):** Ayush, Sangeeta, Muskan Chauhan, Pushpendra, Bidisha.

**Row 4 (L TO R):** Aditi, Tanu, Ramavtar, Vishal, Aditya.

**Row 5 (L TO R):** Manju, Sachin, Savita.

## ADIEU OUTGOING CLASSES

# XII Sc A (2020-21)

ROW : 1



ROW : 2



ROW : 3



ROW : 4



ROW : 5



**Row 1 (L TO R):** Khushi, Suraj, Prerna, Harshit, Asish, Aryan Kumar Tyagi, Ujala.

**Row 2 (L TO R):** Aryan, Devender, Mahajbeen, Gaurav, Vikas, Ajay.

**Row 3 (L TO R):** Udaibir, Trishit, Sunil, Sumit, Sourav, Sulochana.

**Row 4 (L TO R):** Aditya, Varsha, Deepansu, Priyanshu, Nishant, Nisha

**Row 5 (L TO R):** Sakshi, Harsh, Khushi, Ishant, Nabdeep, Mamta.

## ADIEU OUTGOING CLASSES

# XII Sc B (2020-21)

ROW : 1



ROW : 2



ROW : 3



ROW : 4



ROW : 5



**Row 1 (L TO R):** Shashank, Anuj, Aman, Priyal, Mahima.

**Row 2 (L TO R):** Mohit, Nidhi, Mukesh, Vivek, Amit.

**Row 3 (L TO R):** Rinkal, Somu, Aditya, Priya, Harshita.

**Row 4 (L TO R):** Suhani, Subhalaxmi, Kajal, Priyanshu, Rohit Kumar.

**Row 5 (L TO R):** Yogesh, Rohit, Subham, Vipin, Reena.

## ADIEU OUTGOING CLASSES

# XII Sc B (2020-21)

ROW : 1



ROW : 2



ROW : 3



ROW : 4



ROW : 5



**Row 1 (L TO R):** Yash, Zilmil, Ankur, Aditya, Aditi.

**Row 2 (L TO R):** Arshia, Armaan, Ayush Rathore, Ayush, Diya.

**Row 3 (L TO R):** Gurdeep, Hansraj, Vratika, Swadheen, Devansh.

**Row 4 (L TO R):** Jitender, Vivek, Kalpana, Muskan, Neha.

**Row 5 (L TO R):** Vibhor, Priyanka, Pradeep, Payal.

## ADIEU OUTGOING CLASSES

# XII Com (2020-21)

ROW : 1



ROW : 2



ROW : 3



ROW : 4



ROW : 5



**Row 1 (L TO R):** Tanmay, Riya, Vishal, Keshav, Bharat, Mumal, Navya.

**Row 2 (L TO R):** Ravi, Saksham, Vidhan, Aditya, Aniket, Jaishree, Khushi.

**Row 3 (L TO R):** Kumkum, Kusum, Neha, Nishu, Pawan, Payal, Priyanka.

**Row 4 (L TO R):** Rahul, Anish, Hitender, Usha, Arun, Vishal Yadav, Vinita.

**Row 5 (L TO R):** Shripal, Suhartha, Pratibha, Shalini, Ajay, Swati.

## ADIEU OUTGOING CLASSES



**AU REVOIR CLASS XII**



# ... AU REVOIR CLASS XII



# ... AU REVOIR CLASS XII



# .... AU REVOIR CLASS XII



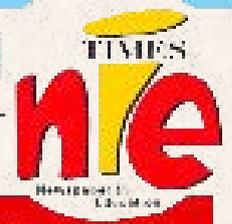
# .... AU REVOIR CLASS XII



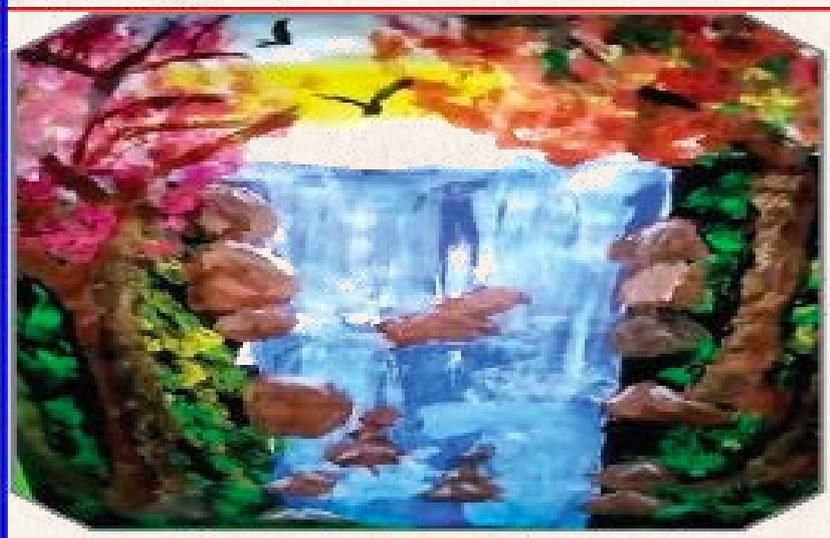


# MEDIA MYRIAD THE TIMES OF INDIA

www.timesofindia.com

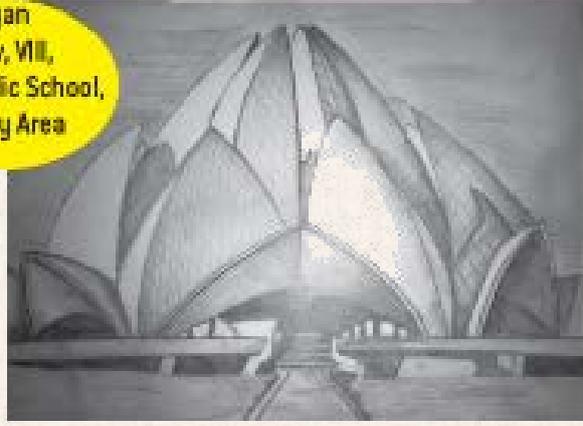


## WEB EDITION



Minal, X,  
Army Public School, Military  
Area

Aryan  
Yadav, VII,  
Army Public School,  
Military Area



Hemant  
Singh Rathore, X,  
Army Public School,  
Military Area

Sarda  
Kanwar, IX, Army  
Public School, Military  
Area



*Budding Artists*



# MEDIA MYRIAD THE TIMES OF INDIA

www.indiatimes.com

WEB EDITION



## Parenting in the times of Covid-19

## Budding Artists

One of the biggest challenges for parents during this unfamiliar situation is to keep their kids engaged and to motivate them to keep learning but parents must also focus on the mental well-being of their children amidst rising anxiety and isolation, as there are very strong chances that over the coming weeks, they will see an increase in behavioural issues with their kids, whether it's anxiety, or anger or protest that they don't do normally.

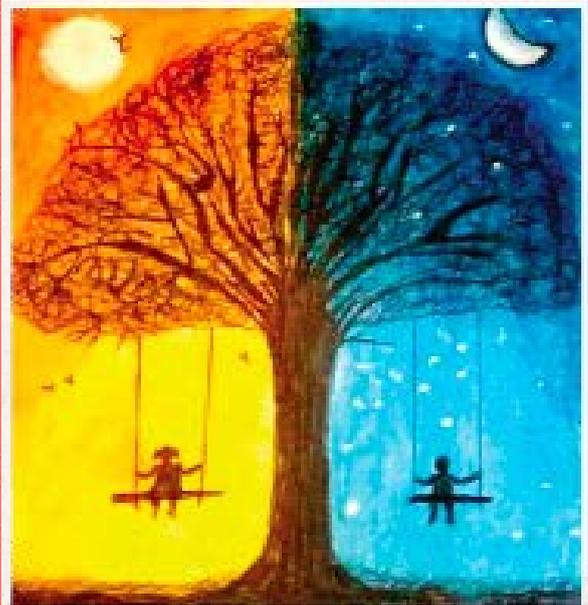
Parents are requested to tear up their perfect schedule and love their kids a bit more. In this crucial time, parents must play not only the role of parents, but also the role of teachers, and their friends. They should play board-games, watch their favourite movies on Netflix, do science experiments together, conduct story telling sessions, hold book discussion, do light yoga exercises with them and find virtual field trips of the zoo.

Now is a really good time to teach children things that they want to be done. Not all

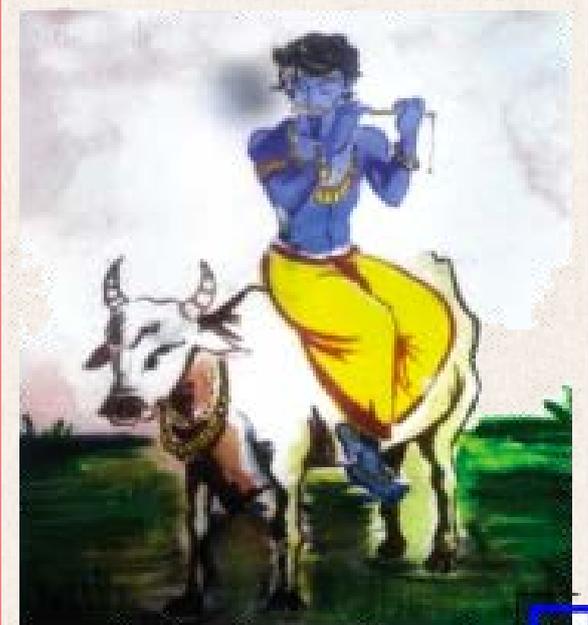
lessons need to be academic, they can be life lessons that they want their children to learn as well. Even how they should fold their clothes, mop up or vaccum and cook their favourite dishes. Take an hour out and show them how you want them to do it.

During this crucial period of lockdown, it is the sole responsibility of the parents to motivate their children to navigate their thinking process in a positive future focused direction, to enable them to find a structure in times of distress and to promote an environment where these kids and teens can grow up and develop their full potential having fun and being safe and healthy.

Gayatri Kulshreshtha, Principal,  
Army Public school, Military Station, Jaipur



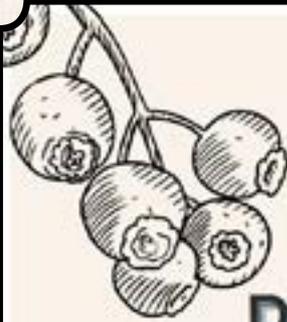
Yashika, VII, Army Public School, Military Area



Arman Chaudhri, X, Army Public School, Jaipur

# MASTER & MISS APS JAIPUR





DESIGNED BY  
**PRANATI VIDYARTHI**

TEXTILE & GRAPHIC DESIGNER

---

**GET YOUR OWN PERSONALISED DESIGNS**

**Wedding Invites, Brochures, Magazines,  
Logos, Business Cards**

**Adobe Photoshop, Adobe Indesign, Adobe  
Illustrator, CorelDraw, Microsoft Office Suite**

**GET IN TOUCH**

**Mobile Number: +91-9764098756**

**E-mail ID: pranatividyarathi20@gmail.com**

